

Eesti Jõutõsteliit

Eesti MV jõutõstmises (varustusega, kõik vanuseklassid), TÜ spordihoones, Tartu (Eesti), 28.03.2026

Name	d.o.b.	Team	Bwt	All Squat			All Bench Press			All Deadlift			Total	GL Pts	
Avatud klass															
-52kg															
— Mäepea Gerlyn	1993.0	Pitbulls	52.00	160,0	160,0	167,5	130,0	130,0	130,0	X	X	X	DSQ	—	
-57kg															
1. Margus Ragne	1993	Sparta	56.10	110,0	110,0	115,0	50,0	55,0	62,5	110,0	122,5	135,0	300,0	58,08	
2. Sutt Cätlin	2001	M&M	53.35	82,5	90,0	95,0	37,5	42,5	45,0	90,0	97,5	105,0	242,5	48,52	
3. Herodes Noora	2010	Rapla RJ	55.85	62,5	70,0	75,0	37,5	42,5	45,0	75,0	87,5	95,0	215,0	41,75	
-63kg															
1. Magerramov Grete	2006	TÜASK	62.75	115,0	120,0	127,5	67,5	72,5	75,0	135,0	150,0	162,5	355,0	64,22	
2. Vinglas Stella	2000	Daigo	61.45	90,0	95,0	100,0	45,0	47,5	52,5	100,0	107,5	115,0	257,5	47,15	
3. Koosa Kristi	1974	M&M	57.60	40,0	47,5	52,5	25,0	30,0	35,0	50,0	65,0	70,0	152,5	29,04	
-69kg															
1. Kaljula Karmen	1994	Pitbulls	69.00	180,5	187,5	187,5	90,0	100,0	110,0	175,5	185,0	195,0	475,5	81,74	
2. Kuklane Paula Helena	1999	Sparta	67.85	137,5	145,0	150,0	92,5	97,5	97,5	145,0	162,5	177,5	400,0	69,36	
3. Ernits Kristiina	2003	TÜASK	67.00	95,0	105,0	115,0	85,0	90,0	92,5	135,0	150,0	160,0	357,5	62,38	
4. Toomas Kelly	1999	Sparta	66.15	90,0	95,0	100,0	55,0	57,5	62,5	105,0	115,0	125,0	287,5	50,51	
-76kg															
1. Vähi Kristel-Liis	1997	Desjatski	75.65	160,0	170,0	180,0	75,0	82,5	87,5	170,0	185,0	200,0	462,5	76,03	
2. Pahva Airi	1999	Sparta	72.30	125,0	135,0	140,0	65,0	70,0	72,5	140,0	150,0	160,0	370,0	62,16	
-84kg															
1. Mikomägi Eliise	2003	TÜASK	80.10	205,0	205,0	220,0	125,0	136,0	136,0	220,0	235,0	242,5	565,0	90,63	
2. Zukov Eliise	1998	Desjatski	82.25	120,0	130,0	137,5	50,0	60,0	70,0	135,0	150,0	160,0	357,5	56,70	

84+kg															
1.	Raudoja Triin	1983	TÜASK	94.45	155,0	165,0	172,5	70,0	75,0	77,5	165,0	177,5	185,0	432,5	65,18
2.	Prii Kirke	2008	TÜASK	89.30	147,5	155,0	162,5	100,0	107,5	112,5	140,0	150,0	155,0	430,0	66,09
3.	Talvik Emma Victoria	2002	M&M	88.25	142,5	152,5	160,0	77,5	82,5	85,0	162,5	175,0	175,0	412,5	63,65
4.	Karja Kristi	1976	P4U	89.45	120,0	127,5	130,0	62,5	67,5	70,0	137,5	145,0	150,0	347,5	53,38
5.	Dörda Triin	1996	Jõusport	105.70	80,0	80,0	90,0	55,0	60,0	60,0	100,0	110,0	120,0	260,0	37,88

Name	d.o.b.	Team	Bwt	All Squat			All Bench Press			All Deadlift			Total	GL Pts	
Noored															
-57kg															
1	Herodes Noora	2010	Rapla RJ	55.85	62,5	70,0	75,0	37,5	42,5	45,0	75,0	87,5	95,0	215,0	41,75
-63kg															
v.a	Novykova Yuliia	2010	TÜASK	62.00	80,0	90,0	100,0	45,0	50,0	55,0	100,0	110,0	115,0	260,0	47,37
-69kg															
1.	Pajo Lisanna	2011	Rapla RJ	66.15	75,0	82,5	90,0	32,5	37,5	40,0	80,0	92,5	102,5	230,0	40,41
84+kg															
1	Prii Kirke	2008	TÜASK	89.30	147,5	155,0	162,5	100,0	107,5	112,5	140,0	150,0	155,0	430,0	66,09

Name	d.o.b.	Team	Bwt	All Squat			All Bench Press			All Deadlift			Total	GL Pts	
Juuniorid															
-63kg															
1.	Magerramov Grete	2006	TÜASK	62.75	115,0	120,0	127,5	67,5	72,5	75,0	135,0	150,0	162,5	355,0	64,22
v.a	Lytvynenko Olha	2007	EKC	62.95	100,0	105,0	110,0	55,0	60,0	65,0	110,0	117,5	122,5	287,5	51,92
-69kg															
1	Ernits Kristiina	2003	TÜASK	67.00	95,0	105,0	115,0	85,0	90,0	92,5	135,0	150,0	160,0	357,5	62,38
2	Titto Heleri	2003	EKC	68.00	100,0	102,5	105,0	57,5	62,5	62,5	125,0	132,5	140,0	302,5	52,39

-76kg															
1.	Surva Carina Mae	2006	Jõusport	73.75	92,5	100,0	105,0	47,5	52,5	55,0	100,0	110,0	120,0	277,5	46,18
-84kg															
1.	Mikomägi Eliise	2003	TÜASK	80.10	205,0	205,0	220,0	125,0	136,0	136,0	220,0	235,0	242,5	565,0	90,63

	Name	d.o.b.	Team	Bwt	All Squat			All Bench Press			All Deadlift			Total	GL Pts
--	------	--------	------	-----	-----------	--	--	-----------------	--	--	--------------	--	--	-------	--------

Masters 1

-76kg															
1.	Pudel Krista	1981	Pitbulls	75.20	60,0	70,0	80,0	40,0	45,0	50,0	85,0	100,0	110,0	225,0	37,10
84+kg															
1.	Raudoja Triin	1983	TÜASK	94.45	155,0	165,0	172,5	70,0	75,0	77,5	165,0	177,5	185,0	432,5	65,18

	Name	d.o.b.	Team	Bwt	All Squat			All Bench Press			All Deadlift			Total	GL Pts
--	------	--------	------	-----	-----------	--	--	-----------------	--	--	--------------	--	--	-------	--------

Masters 2

-63kg															
1	Koosa Kristi	1974	M&M	57.60	40,0	47,5	52,5	25,0	30,0	35,0	50,0	65,0	70,0	152,5	29,04
-76kg															
1	Elias Kaire	1975	Jõusport	71.55	75,0	80,0	85,0	47,5	52,5	55,0	100,0	107,5	117,5	257,5	43,47
84+kg															
1	Karja Kristi	1976	P4U	89.45	120,0	127,5	130,0	62,5	67,5	70,0	137,5	145,0	150,0	347,5	53,38

Eesti Jõutõsteliit
Eesti MV jõutõstmises (varustusega, kõik vanuseklassid), TÜ spordihoones, Tartu (Eesti), 28.03.2026

ABSOLUUTARVESTUS

	Name	Team	W.Class	Bwt	Result	GL Points
Avatud klass						
1	Mikomägi Eliise	TÜASK	-84kg	80,10	565,0	90,6260
2	Kaljula Karmen	Pitbulls MTÜ	-69kg	69,00	475,5	81,7385
3	Vähi Kristel-Liis	Desjatski Powerlifting	-76kg	75,65	462,5	76,0350
4	Kuklane Paula Helena	Sparta SK	-69kg	67,85	400,0	69,3600
5	Prii Kirke	TÜASK	84+kg	89,30	430,0	66,0910
6	Raudoja Triin	TÜASK	84+kg	94,45	432,5	65,1778
7	Magerramov Grete	TÜASK	-63kg	62,75	355,0	64,2195
8	Talvik Emma Victoria	M&M Strength	84+kg	88,25	412,5	63,6488
9	Ernits Kristiina	TÜASK	-69kg	67,00	357,5	62,3838
10	Pahva Airi	Sparta SK	-76kg	72,30	370,0	62,1600
11	Margus Ragne	Sparta SK	-57kg	56,10	300,0	58,0800
12	Zukov Eliise	Desjatski Powerlifting	-84kg	82,25	357,5	56,6995
13	Karja Kristi	Powerlifting4U	84+kg	89,45	347,5	53,3760
14	Toomas Kelly	Sparta SK	-69kg	66,15	287,5	50,5138
15	Sutt Cätlin	M&M Strength	-57kg	53,35	242,5	48,5243
16	Vinglas Stella	Daigo Power	-63kg	61,45	257,5	47,1483

17	Herodes Noora	Rapla RJ SK	-57kg	55,85	215,0	41,7530
18	Dõrda Triin	SK Jõusport	84+kg	105,70	260,0	37,8820
19	Koosa Kristi	M&M Strength	-63kg	57,60	152,5	29,0360
-	Mäepea Gerlyn	Pitbulls MTÜ	-52kg	52,00		DSQ

Noored

1	Prii Kirke	TÜASK	84+kg	89,30	430,0	66,0910
2	Herodes Noora	Rapla RJ SK	-57kg	55,85	215,0	41,7530
3	Pajo Lisanna	Rapla RJ SK	-69kg	66,15	230,0	40,4110
v.a	Novykova Yuliia	TÜASK	-63kg	62,00	260,0	47,3720

Juuniorid

1	Mikomägi Eliise	TÜASK	-84kg	80,10	565,0	90,6260
2	Magerramov Grete	TÜASK	-63kg	62,75	355,0	64,2195
3	Ernits Kristiina	TÜASK	-69kg	67,00	357,5	62,3838
4	Titto Heleri	Spordiklubi EKC	-69kg	68,00	302,5	52,3930
5	Surva Carina Mae	SK Jõusport	-76kg	73,75	277,5	46,1760
v.a	Lytvynenko Olha	Spordiklubi EKC	-63kg	62,95	287,5	51,9225

Masters 1

1	Raudoja Triin	TÜASK	84+kg	94,45	432,5	65,1778
2	Pudel Krista	Pitbulls MTÜ	-76kg	75,20	225,0	37,1025

Masters 2

1	Karja Kristi	Powerlifting4U	84+kg	89,45	347,5	53,3760
2	Elias Kaire	SK Jõusport	-76kg	71,55	257,5	43,4660
3	Koosa Kristi	M&M Strength	-63kg	57,60	152,5	29,0360

Naiskondlik arvestus

1. TÜASK

Eliise Mikomägi	90.63
Kirke Prii	66.09
Triin Raudoja	65.18
	221.9

2. SPARTA

Paula Helena Kuklane	69.36
Airi Pahva	62.16
Ragne Margus	58.08
	189.6

3. M&M Strength

Cätlin Sutt	48.52
Kristi Koosa	29.04
Emma Victoria Talvik	63.65
	141.21