

Eesti Jõutõsteliit
Eesti MV varustusega JÕUTÕSTMISES – 5.-6. aprill 2025, TÜ spordihoones, Tartu

AVATUD KLASS

Name	d.o.b.	Team	Bwt	SQ	BP	DL	TOTAL	GL Pts
-59kg								
1 Leo Markus	2007	Rapla RJ	57.95	95,0	55,0	105,0	255,0	37,64
-66kg								
1 Leppik Mirko	2003	TÜASK	65.95	145,0	97,5	180,0	422,5	56,62
2 Mitt Marko	1982	Pitbulls	65.65	145,0	97,5	175,0	417,5	56,15
3 Põhjakas Henry	2010	Rapla RJ	61.00	95,0	57,5	122,5	275,0	39,02
-74kg								
1 Kivisild Kristo	2001	Sparta	73.15	200,0	115,0	245,0	560,0	69,94
2 Ossipov Vladimir	1972	SK Saarde	73.40	195,5	131,0	210,0	536,5	66,85
3 Küttim Lauri	1987	Tartu	71.30	170,0	120,0	200,0	490,0	62,23
4 Prey Aron	2008	Rapla RJ	69.75	165,0	87,5	200,0	452,5	58,33
5 Sangla Marcus	1989	Tallinn	73.50	157,5	115,0	180,0	452,5	56,34
v.a Feuvraux Paul	1999	M&M	72.30	140,0	85,0	215,0	440,0	55,35
-83kg								
1 Valk Karl Michael	1994	P4U	81.25	200,0	220,5	210,0	630,5	73,71
2 Kljutšnik Kert-Kristofer	2004	M&M	82.70	230,0	117,5	255,0	602,5	69,71
3 Kütt Kristo	1990	Sparta	78.70	190,0	120,0	250,0	560,0	66,75
4 Kruusmägi Joosep	2008	Sparta	82.55	182,5	100,0	225,0	507,5	58,77
5 Päll Rico	2007	TÜASK	82.25	195,0	100,0	210,0	505,0	58,63
-93kg								
1 Vainlo Ringo	1995	SK Saarde	90.40	225,0	172,5	275,0	672,5	74,04
2 Tamberg Valter	1992	Kohila	93.00	245,0	175,0	250,0	670,0	72,63
3 Ustav Kert	1990	Pitbulls	92.15	247,5	180,0	225,0	652,5	71,12
4 Järvsoo Markus	2007	M&M	90.95	220,0	142,5	263,0	625,5	68,62
5 Maslov Karl-Martin	2000	Sparta	91.85	230,0	162,5	210,0	602,5	65,79

6	Mikson Paavo	1999	Desjatski	92.50	215,0	140,0	245,0	600,0	65,28
7	Lebedev Jüri	1983	TÜASK	92.10	207,5	125,0	230,0	562,5	61,31
8	Kõre Oliver	2004	Pitbulls	92.25	180,0	137,5	182,5	500,0	54,45
—	Silbaum Margus	1976	Pitbulls	92.95	—	—	335,0	DSQ	—
-105kg									
1	Krõlov Kristo	1995	TÜASK	103.20	275,0	267,0	282,5	824,5	84,92
2	Kivastik Andreas	1987	Sparta	103.95	262,5	167,5	287,5	717,5	73,69
3	Raiend Rainer	1998	TÜASK	103.25	245,0	190,0	280,0	715,0	73,64
4	Reppo Eero	1982	Pitbulls	104.90	230,0	180,0	255,0	665,0	68,03
5	Nurklik Rivo	1991	Sparta	103.90	245,0	115,0	285,0	645,0	66,24
6	Romov Nikita	2000	EKC	104.35	240,0	155,0	250,0	645,0	66,11
7	Aedla Karl Aleksander	2006	Rapla RJ	102.05	225,0	150,0	230,0	605,0	62,68
8	Vaal Aiko	1997	Viljandi	97.40	205,0	140,0	230,0	575,0	60,89
9	Nöör Ralf - Nicholas	2002	M&M	101.45	175,0	120,0	232,5	527,5	54,81
-120kg									
1	Raadik Mihkel	1991	P4U	119.15	300,0	255,0	340,0	895,0	86,73
2	Kolter Kaarel	2002	Sparta	113.05	305,0	230,0	325,0	860,0	85,14
3	Holmberg Tõnis	1995	Sparta	115.60	300,0	185,0	325,0	810,0	79,46
4	Erit Argo	1986	Pitbulls	112.65	250,0	170,0	340,0	760,0	75,32
5	Aruväli Ainar	1996	M&M	114.75	237,5	132,5	275,0	645,0	63,47
6	Valter Karel	2008	Rapla RJ	108.80	125,0	80,0	140,0	345,0	34,71
120+kg									
1	Rast Siim	1988	P4U	172.40	325,0	300,0	355,0	980,0	85,16
2	Lehtla Markus	2004	P4U	169.25	310,0	195,0	260,0	765,0	66,71
3	Koovit Günter	1976	SK Saarde	136.40	245,0	200,0	255,0	700,0	64,68

MEESKONDLIK ARVESTUS

1. Powerlifting4U

Karl Michael Valk	73.71
Mihkel Raadik	86.73
Markus Lehtla	66.71
Siim Rast	85.16
	312.31

2. Sparta

Kaarel Kolter	85.14
Tõnis Holmberg	79.46
Andreas Kivastik	73.69
Kristo Kivisild	69.94
	308.23

3. TÜASK

Kristo Krõlov	84.92
Rainer Raiend	73.64
Jüri Lebedev	61.31
Rico Päll	58.63
	278.5

4. Pitbulls

Argo Erit	75.32
Kert Ustav	71.12
Eero Reppo	68.03
Marko Mitt	56.15
	270.62

5. M&M Strength

Kert-Kristofer Kljutšnik	69.71
Markus Järvsoo	68.62
Ralf Nicholas Nöör	54.81
Ainar Aruväli	63.47
	256.61

6. SK Saarde

Vladimir Ossipov	66.85
Ringo Vainlo	74.04
Günter Koovit	64.68
	205.57

NOORED

	Name	d.o.b.	Team	Bwt	SQ	BP	DL	TOTAL	GL Pts
-59kg									
1	Leo Markus	2007	Rapla RJ	57.95	95,0	55,0	105,0	255,0	37,64
-66kg									
1	Põhjakas Henry	2010	Rapla RJ	61.00	95,0	57,5	122,5	275,0	39,02
-74kg									
1	Prey Aron	2008	Rapla RJ	69.75	165,0	87,5	200,0	452,5	58,33
2	Sivov Pavel	2007	EKC	72.85	155,0	97,5	165,0	417,5	52,27
3	Mõttus Hugo	2008	TÜASK	66.90	125,0	80,0	165,0	370,0	49,10
4	Kaidla Aron	2010	Rapla RJ	72.35	70,0	40,0	90,0	200,0	25,16
v.a	Rieznikov Vladyslav	2009	Tallinn	69.40	120,0	60,0	120,0	300,0	38,79
-83kg									
1	Kruusmägi Joosep	2008	Sparta	82.55	182,5	100,0	225,0	507,5	58,77
2	Päll Rico	2007	TÜASK	82.25	195,0	100,0	210,0	505,0	58,63
3	Potapenko Nikita	2008	EKC	81.45	167,5	90,0	182,5	440,0	51,39
4	Smirnov Anthony	2011	Rapla RJ	82.80	110,0	57,5	135,0	302,5	34,97
5	Mikkolt Taavi	2010	Rapla RJ	80.00	95,0	57,5	100,0	252,5	29,80
-93kg									
1	Järvsoo Markus	2007	M&M	90.95	220,0	142,5	263,0	625,5	68,62
2	Posadski Denis	2007	EKC	91.50	190,0	117,5	222,5	530,0	57,98
3	Shuktomov Artemi	2009	EKC	85.15	157,5	122,5	190,0	470,0	53,49
4	Laane Karel	2009	Rapla RJ	88.45	77,5	60,0	110,0	247,5	27,57
-120kg									
1	Valter Karel	2008	Rapla RJ	108.80	125,0	80,0	140,0	345,0	34,71

NOORED VÖISTKONDLIK

1. Spordiklubi EKC

Pavel Sivov	52.27
Artemi Shuktomov	53.49
Denis Posadski	57.98
	163.74

2. TÜASK

Getter Väisa	36.02
Hugo Mõttus	49.10
Rico Päll	58.63
	143.75

3. Rapla RJSK

Aron Prey	58.33
Henry Põhjakas	39.02
Kendra Loose	38.65
	136.0

4. M&M Strength

Sandra Ilves	39.68
Markus Järvisoo	68.62
	108.30

JUUNIORID

Name	d.o.b.	Team	Bwt	SQ	BP	DL	TOTAL	GL Pts
-66kg								
1 Leppik Mirko	2003	TÜASK	65.95	145,0	97,5	180,0	422,5	56,62
-83kg								
1 Kljutšnik Kert-Kristofer	2004	M&M	82.70	230,0	117,5	255,0	602,5	69,71
2 Muru Jakob	2006	M&M	75.80	165,0	105,0	210,0	480,0	58,56
-93kg								
1 Kruusmaa Joonas	2003	M&M	91.80	190,0	112,5	205,0	507,5	55,42
2 Kõre Oliver	2004	Pitbulls	92.25	180,0	137,5	182,5	500,0	54,45
-105kg								
1 Aedla Karl Aleksander	2006	Rapla RJ	102.05	225,0	150,0	230,0	605,0	62,68
2 Ots Mihkel	2002	TÜASK	101.45	205,0	125,0	240,0	570,0	59,22
3 Nöör Ralf - Nicholas	2002	M&M	101.45	175,0	120,0	232,5	527,5	54,81
-120kg								
1 Kolter Kaarel	2002	Sparta	113.05	305,0	230,0	325,0	860,0	85,14
2 Lodi Markus	2002	TÜASK	114.00	182,5	142,5	240,0	565,0	55,71
120+kg								
1 Lehtla Markus	2004	P4U	169.25	310,0	195,0	260,0	765,0	66,71

JUUNIORIDE VÕISTKONDLIK

1. TÜASK

Eliise Mikomägi	92.23
Eleriin Sepp	69.77
Mihkel Ots	59.22
	221.22

2. M&M Strength

Kert-Kristofer Kljutšnik	69.71
Emma Victoria Talvik	59.02
Jakob Muru	58.56
	187.29

3. Rapla RJSK

Karl Aleksander Aedla	62.68
	62.68

MASTERS 1

Name	d.o.b.	Team	Bwt	SQ	BP	DL	TOTAL	GL Pts
-66kg								
1 Mitt Marko	1982	Pitbulls	65.65	145,0	97,5	175,0	417,5	56,15
-83kg								
— Jõgi Janno	1979	EKC	77.90	—	82,5	165,0	DSQ	—
-93kg								
1 Lebedev Jüri	1983	TÜASK	92.10	207,5	125,0	230,0	562,5	61,31
— Silbaum Margus	1976	Pitbulls	92.95	—	—	335,0	DSQ	—
-105kg								
1 Reppo Eero	1982	Pitbulls	104.90	230,0	180,0	255,0	665,0	68,03
2 Osijärv Märten	1984	Rapla RJ	98.70	230,0	130,0	230,0	590,0	62,07
120+kg								
1 Koovit Günter	1976	SK Saarde	136.40	245,0	200,0	255,0	700,0	64,68

MASTERS 2

Name	d.o.b.	Team	Bwt	SQ	BP	DL	TOTAL	GL Pts
-74kg								
1 Ossipov Vladimir	1972	SK Saarde	73.40	195,5	131,0	210,0	536,5	66,85
-83kg								
1 Liivat Armin	1971	Rapla RJ	76.40	130,0	90,0	160,0	380,0	46,13