

## Noorte, juunioride ja senioride Eesti MV klassikalises jõutõstmises, Kääriku, 04.01-05.01.2025

Name	d.o.b.	Team	Bwt	All Squat			All Bench Press			All Deadlift			Total	GL Pts	
<b>Noored</b>															
<b>-53kg</b>															
1.	Anton Oliver	2010	Jõusport	50.73	65,0	70,0	72,5	52,5	55,0	57,5	90,0	100,0	105,0	235,0	42,18
2.	Erik Karl Kristjan	2009	Jõusport	50.87	70,0	75,0	<del>77,5</del>	55,0	<del>60,0</del>	60,0	80,0	90,0	100,0	235,0	42,11
<b>-59kg</b>															
1.	Tera Kristjan	2007	Reval	57.42	100,0	<del>112,5</del>	120,0	70,0	77,5	<del>82,5</del>	140,0	150,0	160,0	357,5	60,02
2.	Urbas Birger	2009	TÜASK	54.22	70,0	80,0	90,0	50,0	<del>55,0</del>	55,0	100,0	110,0	<del>115,0</del>	255,0	44,17
3.	Leo Markus	2007	Rapla RJ	58.48	70,0	80,0	85,0	40,0	45,0	50,0	75,0	85,0	95,0	230,0	38,25
4.	Tarvis Tairo	2010	BAM Sport	56.31	55,0	62,5	65,0	40,0	<del>47,5</del>	47,5	85,0	95,0	105,0	210,0	35,64
<b>-66kg</b>															
1.	Saar Hendrik	2010	SK Saarde	65.05	130,0	135,0	140,0	80,0	<del>85,0</del>	85,0	140,0	<del>150,0</del>	150,0	365,0	57,34
2.	Mõttus Hugo	2008	TÜASK	65.39	90,0	100,0	105,0	65,0	70,0	72,5	130,0	142,5	152,5	330,0	51,71
3.	Alavere Robin	2007	BAM Sport	62.13	102,5	107,5	112,5	<del>62,5</del>	62,5	70,0	127,5	137,5	145,0	327,5	52,73
4.	Sukamägi Kert	2008	BAM Sport	63.79	105,0	112,5	117,5	60,0	65,0	67,5	130,0	142,5	<del>150,0</del>	327,5	51,97
5.	Taruto Robert	2009	TÜASK	64.48	110,0	<del>117,5</del>	117,5	75,0	77,5	<del>82,5</del>	120,0	130,0	137,5	325,0	51,28
6.	Vaher Markus	2008	Märjamaa	65.94	105,0	115,0	<del>120,0</del>	72,5	75,0	77,5	120,0	125,0	<del>130,0</del>	317,5	49,53
7.	Põhjakas Henry	2010	Rapla RJ	62.58	75,0	80,0	87,5	45,0	50,0	52,5	<del>105,0</del>	110,0	117,5	257,5	41,28
<b>-74kg</b>															
1.	Ozols Felix	2008	Daigo	69.07	185,0	<del>195,0</del>	195,0	95,0	100,0	102,5	200,0	212,5	<del>220,0</del>	500,0	76,10
2.	Tiismaa Mathias Jander	2008	Daigo	68.43	165,0	<del>175,0</del>	175,0	<del>115,0</del>	115,0	120,5	170,0	185,0	<del>195,0</del>	480,5	73,47
3.	Prey Aron	2008	Rapla RJ	71.43	135,0	150,0	160,0	77,5	82,5	87,5	160,0	180,0	<del>200,0</del>	427,5	63,91

4.	Kriisa Siim	2008	Jõusport	71.87	<del>125,0</del>	125,0	140,0	92,5	97,5	100,0	130,0	140,0	152,5	392,5	58,52
5.	Narvat Ragnar	2007	Reval	73.57	120,0	130,0	135,0	90,0	<del>100,0</del>	<del>100,0</del>	150,0	<del>160,0</del>	165,0	390,0	57,45
6.	Sivov Pavel	2007	Individuaal	71.67	135,0	<del>145,0</del>	145,0	82,5	<del>87,5</del>	87,5	135,0	145,0	<del>155,0</del>	377,5	56,36
7.	Normet Marko	2007	Reval	71.95	<del>110,0</del>	110,0	117,5	77,5	82,5	87,5	120,0	130,0	135,0	340,0	50,66
8.	Riik Geron	2008	BAM Sport	67.84	90,0	97,5	105,0	50,0	55,0	<del>60,0</del>	110,0	120,0	<del>130,0</del>	280,0	43,01
9	Kaidla Aron	2010	Rapla RJ	71.42	40,0	47,5	55,0	30,0	35,0	37,5	60,0	70,0	77,5	170,0	25,41
v.a	Rõbtšenkov Gregory	2010	Rapla RJ	74.98	45,0	50,0	55,0	30,0	37,5	<del>40,0</del>	70,0	77,5	80,0	172,5	25,15
<b>-83kg</b>															
1.	Saks Paul	2007	Sparta	76.99	177,5	187,5	195,0	107,5	117,5	122,5	195,0	205,0	212,5	530,0	76,21
2.	Källo Kaur	2007	Harjumaa	82.05	160,0	170,0	175,0	112,5	117,5	122,5	200,0	212,5	220,0	517,5	72,04
3.	Kallast Patrik	2008	Reval	78.47	<del>170,0</del>	170,0	180,0	115,0	122,5	125,0	185,0	200,0	210,0	515,0	73,34
4.	Kartau Rocco	2007	SK Saarde	81.54	180,0	<del>190,0</del>	190,0	105,0	110,0	<del>112,5</del>	180,0	190,0	<del>210,0</del>	490,0	68,45
5.	Posadski Denis	2007	Harjumaa	81.34	140,0	150,0	160,0	90,0	100,0	105,0	190,0	210,0	212,5	477,5	66,80
6.	Tiivel Emil	2007	Monoliit	81.41	145,0	155,0	<del>160,0</del>	100,0	105,0	110,0	190,0	200,0	210,0	475,0	66,41
7.	Treu Rene	2008	Reval	81.54	<del>160,0</del>	160,0	<del>170,0</del>	90,0	100,0	<del>105,0</del>	190,0	205,0	<del>215,0</del>	465,0	64,96
8.	Fedotov Maksim	2008	Tallinn	77.58	155,0	165,0	172,5	67,5	77,5	82,5	175,0	190,0	200,0	455,0	65,20
9.	Päll Rico	2007	TÜASK	82.43	160,0	175,0	<del>185,0</del>	75,0	80,0	85,0	180,0	190,0	<del>200,0</del>	450,0	62,51
10.	Tilk Tanner	2007	Daigo	80.04	160,0	<del>170,0</del>	<del>170,0</del>	97,5	<del>102,5</del>	<del>102,5</del>	170,0	180,0	190,0	447,5	63,10
11.	Lepa Kaarel	2008	Harjumaa	74.98	140,0	150,0	<del>160,0</del>	80,0	<del>90,0</del>	90,0	175,0	190,0	195,0	435,0	63,42
12.	Mitt Joonas	2008	Daigo	77.50	137,5	145,0	155,0	75,0	80,0	<del>85,0</del>	152,5	155,0	160,0	395,0	56,60
13.	Smirnov Anthony	2011	Rapla RJ	81.17	85,0	90,0	95,0	45,0	50,0	52,5	105,0	115,0	125,0	272,5	38,15
14.	Mikkolt Taavi	2010	Rapla RJ	79.48	70,0	77,5	82,5	40,0	47,5	50,0	90,0	100,0	110,0	242,5	34,31
—	Potapenko Nikita	2008		82.05	<del>160,0</del>	<del>170,0</del>	<del>175,0</del>	77,5	<del>85,0</del>	<del>85,0</del>	160,0	170,0	180,0	DSQ	—
<b>-93kg</b>															
1.	Järvsoo Markus	2007	M&M	88.68	195,0	210,0	215,0	130,0	135,0	<del>140,0</del>	230,0	247,5	265,0	615,0	82,35
2.	Rebane Franz	2008	Daigo	91.44	215,0	230,0	X	120,0	125,0	<del>130,0</del>	242,5	260,0	<del>273,0</del>	615,0	81,12
3.	Rebane Reinhold	2008	Daigo	90.87	170,0	185,0	<del>200,0</del>	117,5	122,5	127,5	190,0	210,0	225,0	537,5	71,11
4.	Paisu Lauri	2009	Märjamaa	90.81	125,0	145,0	160,0	105,0	112,5	X	180,0	190,0	<del>200,0</del>	462,5	61,23
5.	Pani Jan Markus	2010	Daigo	89.38	115,0	122,5	130,0	80,0	<del>85,0</del>	<del>87,5</del>	140,0	152,5	<del>165,0</del>	362,5	48,36
<b>-105kg</b>															
1.	Tolga Rivo	2007	Harjumaa	101.83	205,0	215,0	225,0	125,0	132,5	<del>135,0</del>	215,0	225,0	232,5	590,0	73,87

2.	Rei Eero	2008	Kuressaare	102.95	205,0	215,0	225,0	122,5	130,0	135,0	200,0	215,0	230,0	590,0	73,51
3.	Niinepuu Karle	2008	Reval	100.50	185,0	197,5	205,0	135,0	145,0	<del>150,0</del>	215,0	225,0	<del>230,0</del>	575,0	72,45
4.	Hiiemäe Hendrik	2007	M&M	97.44	195,0	207,5	<del>212,5</del>	120,0	127,5	130,0	225,0	235,0	<del>252,5</del>	572,5	73,22
5.	Nurmeots Andre	2007	BAM Sport	103.56	195,0	205,0	212,5	110,0	<del>117,5</del>	117,5	220,0	240,0	<del>255,0</del>	570,0	70,85
6.	Kangur Mattis	2008	Daigo	94.00	195,0	207,5	<del>217,5</del>	125,0	132,5	<del>135,0</del>	210,0	222,5	<del>230,0</del>	562,5	73,18
7.	Madis Mattias	2007	Sparta	100.60	140,0	157,5	172,5	110,0	<del>117,5</del>	<del>117,5</del>	175,0	192,5	205,0	487,5	61,42
8.	Ilves Ander	2007	BAM Sport	99.52	155,0	162,5	170,0	75,0	82,5	<del>90,0</del>	170,0	185,0	<del>200,0</del>	437,5	55,39

### -120kg

1.	Valter Karel	2008	Rapla RJ	110.55	115,0	122,5	130,0	80,0	85,0	87,5	125,0	135,0	140,0	357,5	43,11
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### Best Lifters of Subjuniors by IPF GL Formula

	Lifter	Team	Bwt	Total	GL Points
1.	Järvsoo Markus	M&M Strength	88.68	615,0	82,3485
2.	Rebane Franz	Daigo Power	91.44	615,0	81,1185
3.	Saks Paul	Sparta SK	76.99	530,0	76,2140

### Juuniorid

	Name	d.o.b.	Team	Bwt	All Squat	All Bench Press			All Deadlift			Total	GL Pts		
<b>-66kg</b>															
1.	Leppik Mirko	2003	TÜASK	65.09	120,0	130,0	<del>135,0</del>	70,0	75,0	<del>80,0</del>	125,0	135,0	<del>145,0</del>	340,0	53,38
<b>-74kg</b>															
1.	Aland Kevin	2005	Jõusport	69.03	175,0	185,0	192,5	115,0	120,0	125,0	215,0	<del>230,0</del>	230,0	547,5	83,33
2.	Grigorovitš Martin	2003	TÜASK	73.21	160,0	170,0	<del>175,0</del>	90,0	97,5	<del>102,5</del>	180,0	192,5	200,0	467,5	69,00
3.	Joala Jesper	2006	BAM Sport	70.10	160,0	165,0	167,5	95,0	102,5	105,0	175,0	185,0	<del>187,5</del>	457,5	69,08
4.	Muru Jakob	2006	M&M	73.15	135,0	145,0	152,5	85,0	92,5	100,0	165,0	180,0	190,0	442,5	65,36
<b>-83kg</b>															

1.	Kalmus Siim	2002	TÜASK	80.57	227,5	240,5	250,0	125,0	130,0	<del>132,5</del>	230,0	245,0	260,0	640,0	89,92
2.	Kljutšnik Kert-Kristofer	2004	M&M	81.19	205,0	212,5	220,0	100,0	105,0	107,5	235,0	250,0	261,0	588,5	82,39
3.	Sokolov Maximillian	2003	M&M	80.73	190,0	200,0	205,0	135,0	140,0	142,5	215,0	225,0	<del>230,0</del>	572,5	80,38
4.	Pundi Toomas Ott	2003	BAM Sport	80.89	190,0	200,0	205,0	117,5	122,5	125,0	230,0	<del>245,0</del>	<del>245,0</del>	560,0	78,51
5.	Lainvæe Kaarel	2006	Aruküla	79.79	150,0	X	160,0	120,0	130,0	<del>140,0</del>	210,0	230,0	<del>240,0</del>	520,0	73,42
6.	Mikson Roland	2003	Võru	78.74	150,0	160,0	165,0	<del>107,5</del>	107,5	112,5	170,0	182,5	190,0	467,5	66,48
7.	Pöldmann Remo	2005	Märjamaa	80.82	110,0	120,0	130,0	80,0	85,0	<del>90,0</del>	130,0	140,0	<del>150,0</del>	355,0	49,81

### -93kg

1.	Zuranjuk Carl-Joosep	2006	Harjumaa	88.09	230,0	246,0	X	150,0	160,0	165,0	240,0	260,0	265,0	676,0	90,85
2.	Kõllo Rasmus	2006	TÜASK	91.79	190,0	200,0	X	120,0	130,0	<del>135,0</del>	220,0	230,0	<del>240,0</del>	560,0	73,75
3.	Ilves Robert	2004	TÜASK	83.18	190,0	<del>200,0</del>	<del>200,0</del>	110,0	115,0	<del>120,0</del>	190,0	200,0	210,0	515,0	71,22
4.	Nopason Markus	2003	Tartu	91.03	165,0	175,0	185,0	115,0	120,0	<del>125,0</del>	182,5	190,0	200,0	505,0	66,76
5.	Kruusmaa Joonas	2003	M&M	91.90	175,0	182,5	187,5	100,0	105,0	110,0	185,0	190,0	200,0	497,5	65,47
6.	Oberg Marten	2004	Rapla RJ	83.51	130,0	140,0	145,0	105,0	110,0	115,0	150,0	160,0	165,0	425,0	58,65
7.	Märtin Martti	2006	TÜASK	88.39	120,0	130,0	135,0	75,0	80,0	<del>82,5</del>	<del>150,0</del>	155,0	165,0	380,0	50,96

### -105kg

1.	Rebane Reinhard	2005	Daigo	104.88	250,0	265,0	<del>275,0</del>	130,0	137,5	142,5	290,0	310,0	330,0	737,5	91,08
2.	Rikolas Remi	2003	BAM Sport	102.68	225,0	235,0	<del>245,0</del>	140,0	150,0	<del>155,0</del>	230,0	240,0	250,0	635,0	79,25
3.	Lahi Leevi	2003	Individuaal	99.65	200,0	212,5	220,0	150,0	157,5	162,5	225,0	242,5	<del>252,5</del>	625,0	79,06
4.	Greim Gustav Jakob	2002	Monoliit	100.07	205,0	<del>220,0</del>	220,0	120,0	130,0	135,0	220,0	230,0	240,0	595,0	75,15
5.	Ots Mihkel	2002	TÜASK	100.73	190,0	200,0	210,0	115,0	120,0	125,0	225,0	240,0	<del>250,0</del>	575,0	72,39
6.	Kivi Reno	2004	Võru	102.51	<del>170,0</del>	175,0	<del>185,0</del>	120,0	125,0	<del>130,0</del>	220,0	240,0	250,0	550,0	68,69
7.	Meinson Niglas	2006	SK Saarde	99.39	180,0	190,0	<del>200,0</del>	105,0	110,0	<del>117,5</del>	230,0	240,0	<del>250,0</del>	540,0	68,42
8.	Nöör Ralf - Nicholas	2002	M&M	99.38	160,0	170,0	<del>175,0</del>	112,5	<del>117,5</del>	117,5	210,0	222,5	230,0	517,5	65,57

### -120kg

1.	Matsiselts Chris	2002	TÜASK	106.94	240,0	252,5	257,5	177,5	187,5	190,0	<del>230,0</del>	240,0	255,0	702,5	85,99
2.	Jõekallas Romet	2003	BAM Sport	113.71	210,0	220,0	<del>227,5</del>	155,0	160,0	162,5	250,0	<del>275,0</del>	280,0	662,5	78,84
3.	Kuusik Steven	2003	BAM Sport	107.59	210,0	220,0	225,0	137,5	142,5	147,5	230,0	252,5	<del>260,0</del>	625,0	76,31

4.	Aedla Karl Aleksander	2006	Rapla RJ	105.03	200,0	210,0	<del>220,0</del>	145,0	150,0	152,5	200,0	215,0	<del>240,0</del>	577,5	71,26
5.	Lodi Markus	2002	TÜASK	112.95	175,0	182,5	<del>187,5</del>	135,0	140,0	<del>145,0</del>	215,0	235,0	<del>237,5</del>	557,5	66,57

### Best Lifters of Juniors by IPF GL Formula

	Lifter	Team	Bwt	Total	GL Points
1.	Rebane Reinhard	Daigo Power	104.88	737,5	91,0813
2.	Zuranjuk Carl-Joosep	Harjumaa	88.09	676,0	90,8544
3.	Kalmus Siim	TÜASK	80.57	640,0	89,9200

### Masters 1

	Name	d.o.b.	Team	Bwt	All Squat		All Bench Press			All Deadlift			Total	GL Pts	
<b>-66kg</b>															
1.	Mitt Marko	1982	Pitbulls	65.33	135,0	<del>145,0</del>	145,0	87,5	95,0	<del>102,5</del>	175,0	185,0	<del>195,0</del>	425,0	66,60
<b>-83kg</b>															
1.	Jõgi Janno	1979	Tallinn	80.19	120,0	135,0	<del>140,0</del>	87,5	<del>95,0</del>	<del>95,0</del>	185,0	<del>195,0</del>	<del>195,0</del>	407,5	57,42
<b>-93kg</b>															
1.	Nahkur Silver	1979	Sparta	92.61	190,0	200,0	205,0	130,0	<del>132,5</del>	<del>132,5</del>	210,0	220,0	<del>222,5</del>	555,0	72,76
2.	Buström Tanel	1977	SK Saarde	92.81	<del>195,0</del>	195,0	<del>200,0</del>	135,0	137,5	140,0	212,5	<del>222,5</del>	<del>222,5</del>	547,5	71,72
3.	Manilets Mikk	1984	SK Saarde	92.28	180,0	<del>190,0</del>	<del>190,0</del>	130,0	135,0	140,0	200,0	210,0	220,0	540,0	70,90
<b>-105kg</b>															
1.	Vait Indrek	1981	P4U	104.45	255,0	270,0	X	147,5	<del>155,0</del>	<del>157,5</del>	250,0	270,0	X	687,5	85,11
2.	Reppo Eero	1982	Pitbulls	104.37	<del>225,0</del>	225,0	<del>240,0</del>	<del>172,5</del>	172,5	<del>183,0</del>	220,0	240,0	<del>245,0</del>	637,5	78,92
3.	Sappinen Risto	1976	Sparta	100.70	195,0	205,0	X	150,0	155,0	<del>160,0</del>	235,0	245,0	<del>250,0</del>	605,0	76,17
4.	Rebane Rein	1977	Daigo	102.22	165,0	177,5	<del>187,5</del>	117,5	125,0	130,0	190,0	205,0	225,0	532,5	66,56

<b>-120kg</b>															
1.	Trei Tanel	1984	SK Saarde	115.82	200,0	215,0	220,0	160,0	170,0	177,5	200,0	225,0	245,0	642,5	75,88
2.	Osijärv Märten	1984	Rapla RJ	105.18	205,0	215,0	<del>230,0</del>	135,0	140,0	<del>142,5</del>	200,0	217,5	<del>225,0</del>	572,5	70,65
<b>120+kg</b>															
1.	Koovit Günter	1976	SK Saarde	136.71	205,0	215,0	222,5	165,0	<del>172,5</del>	172,5	<del>225,0</del>	235,0	247,5	642,5	70,74

<b>Best Lifters of Masters 1 by IPF GL Formula</b>					
	<b>Lifter</b>	<b>Team</b>	<b>Bwt</b>	<b>Total</b>	<b>GL Points</b>
1.	Vait Indrek	Powerlifting4U	104.45	687,5	85,1125
2.	Reppo Eero	Pitbulls MTÜ	104.37	637,5	78,9225
3.	Sappinen Risto	Sparta SK	100.70	605,0	76,1695

<b>Masters 2</b>															
	<b>Name</b>	<b>d.o.b.</b>	<b>Team</b>	<b>Bwt</b>	<b>All Squat</b>		<b>All Bench Press</b>			<b>All Deadlift</b>			<b>Total</b>	<b>GL Pts</b>	
<b>-105kg</b>															
1.	Talts Tanel	1973	Sauga	100.21	160,0	175,0	<del>185,0</del>	117,5	<del>125,0</del>	<del>125,0</del>	255,0	272,5	280,0	572,5	72,25

<b>Best Lifters of Masters 2 by IPF GL Formula</b>					
	<b>Lifter</b>	<b>Team</b>	<b>Bwt</b>	<b>Total</b>	<b>GL Points</b>
1.	Talts Tanel	Sauga	100.21	572,5	72,2495

### Masters 4

	Name	d.o.b.	Team	Bwt	All Squat			All Bench Press			All Deadlift			Total	GL Pts
<b>-93kg</b>															
1.	Põldsalu Endel	1955	Tartu	90.76	155,0	165,0	170,0	85,0	90,0	400,0	170,0	180,0	191,0	451,0	59,71

### Best Lifters of Masters 4 by IPF GL Formula

	Lifter	Team	Bwt	Total	GL Points
1.	Põldsalu Endel	Tartu	90.76	451,0	59,7124

## Võistkondlik arvestus

### Juuniorid

#### 1. TÜASK

Eliise Mikomägi	92.21
Siim Kalmus	89.92
Chris Matsiselts	85.99
	<b>268.12</b>

#### 2. Daigo Power

Vanessa Nikitina	81.13
Kärolin Rohtla	77.49
Reinhard Rebane	91.08
	<b>249.7</b>

#### 3. BAM

Remi Rikolas	79.25
Romet Jõekallas	78.84
Toomas Ott Pundi	78.84
	<b>236.93</b>

#### 4. M&M Strength

Kert-Kristofer Kljutšnik	82.39
Maximilian Sokolov	80.38
Emma Victoria Talvik	67.84
	<b>230.61</b>



## Noored

### 1. Daigo Power

Franz Rebane	81.12
Marii Lisette Tiismaa	76.18
Felix Ozols	76.1
	<b>233.4</b>

### 2. Reval

Patrik Kallast	73.34
Karle Niinepuu	72.45
Karle Niinepuu	72.31
Mariana Beljakova	<b>218.1</b>

### 3. M&M Strength

Sandra Ilves	40.38
Markus Järvasoo	82.35
Hendrik Hiimäe	73.22
	<b>195.95</b>

### 4. TÜASK

Viktoria Kovbasnjuk	67.41
Rico Päll	62.51
Cristiin-Heleen Tähepõld	60.25
	<b>190.17</b>

### 5. BAM

Andre Nurmeots	70.85
Anna Nurmeots	57.53
Ander Ilves	55.39
	<b>183.77</b>

### 6. Pitbulls

Kalli Kirisma	86.39
Kirke Riin Laugen	85.38
	<b>171.77</b>

### 7. Märjamaa Power

Lauri Paisu	61.23
Emiilia Kalbus	53.03
Markus Vaher	49.53
	<b>163.79</b>

### 8. SK Saarde

Hendrik Saar	57.34
Rocco Kartau	68.45
	<b>125.79</b>