

Noorte, juunioride ja senioride Eesti MV klassikalises jõutõstmises, Kääriku (Eesti), 04.01.2025

Name	d.o.b.	Team	Bwt	All Squat			All Bench Press			All Deadlift			Total	GL Pts
<b>Noored</b>														
<b>-47kg</b>														
1. Pajula Gethe	2009	Märjamaa	46.98	62,5	67,5	<del>72,5</del>	<del>35,0</del>	35,0	37,5	62,5	70,0	<del>75,5</del>	175,0	48,53
<b>-52kg</b>														
1. Kalbus Emiilia	2007	Märjamaa	50.59	72,5	<del>75,0</del>	75,0	32,5	35,0	<del>40,0</del>	75,0	85,0	95,0	205,0	53,03
<b>-63kg</b>														
1. Tiismaa Marii Lisette	2007	Daigo	62.26	125,0	X	137,5	72,5	<del>75,5</del>	75,5	125,0	132,5	<del>135,0</del>	345,5	76,18
2. Loose Kendra	2007	Rapla RJ	60.29	50,0	57,5	65,0	40,0	45,0	<del>47,5</del>	90,0	95,0	100,0	210,0	47,31
<b>-69kg</b>														
1. Laugen Kirke Riin	2007	Pitbulls	64.49	<del>442,5</del>	142,5	147,5	72,5	<del>77,5</del>	<del>77,5</del>	160,0	170,0	176,0	396,0	85,38
2. Beljakova Mariana	2008	Reval	68.48	120,0	125,0	130,0	67,5	72,5	<del>77,5</del>	130,0	137,5	145,0	347,5	72,31
3. Kovbasnjuk Viktoria	2007	TÜASK	68.87	<del>125,0</del>	125,0	<del>135,0</del>	<del>50,0</del>	50,0	60,0	120,0	130,0	140,0	325,0	67,41
4. Tähepõld Cristiin-Heleen	2008	TÜASK	66.63	95,0	102,5	107,5	45,0	50,0	52,5	115,0	125,0	<del>132,5</del>	285,0	60,25
5. Leht Lisandra	2009	Rapla RJ	67.50	50,0	55,0	<del>60,0</del>	30,0	<del>37,5</del>	<del>37,5</del>	70,0	77,5	82,5	167,5	35,14
<b>-76kg</b>														
1. Kirisma Kalli	2009	Pitbulls	71.32	137,5	145,0	155,0	83,0	89,0	91,5	160,0	167,5	178,0	424,5	86,39
2. Nurmeots Anna	2007	BAM Sport	73.73	102,5	107,5	X	52,5	57,5	<del>60,0</del>	100,0	115,0	122,5	287,5	57,53
3. Zahharova Aleksandra	2007	BAM Sport	74.10	87,5	95,0	100,0	40,0	47,5	<del>50,0</del>	115,0	122,5	<del>130,0</del>	270,0	53,89
4. Linna Betti	2010	Märjamaa	69.17	<del>95,0</del>	95,0	100,0	42,5	<del>47,5</del>	<del>47,5</del>	85,0	90,0	<del>95,0</del>	232,5	48,10
— Volkov Linda	2007	Pitbulls	73.36	<del>137,5</del>	<del>145,0</del>	<del>145,0</del>	<del>77,5</del>	82,5	85,0	140,0	150,0	155,0	DSQ	—
<b>-84kg</b>														
1. Tiivel Marin	2009	Daigo	79.73	<del>115,0</del>	115,0	<del>122,5</del>	80,0	<del>82,5</del>	X	140,0	152,5	<del>165,0</del>	347,5	67,03
<b>84+kg</b>														
1. Ilves Sandra	2007	M&M	94.07	65,0	<del>72,5</del>	<del>80,0</del>	40,0	45,0	47,5	90,0	102,5	110,0	222,5	40,38

### Best Lifters of Subjuniors by IPF GL Formula

	Lifter	Team	Bwt	Total	GL Points
1.	Kirisma Kalli	Pitbulls MTÜ	71.32	424,5	86,3858
2.	Laugen Kirke Riin	Pitbulls MTÜ	64.49	396,0	85,3776
3.	Tiismaa Marii Lisette	Daigo Power	62.26	345,5	76,1828

### Juuniorid

	Name	d.o.b.	Team	Bwt	All Squat		All Bench Press			All Deadlift			Total	GL Pts		
<b>-57kg</b>																
1.	Petrov Amelia		2006	BAM Sport	56.61	110,0	117,5	X	50,0	<del>55,0</del>	57,5	120,0	135,0	<del>137,5</del>	310,0	73,10
<b>-63kg</b>																
1.	Tammjärv Johanna		2006	BAM Sport	59.85	<del>95,0</del>	95,0	102,5	42,5	47,5	<del>50,0</del>	100,0	105,0	110,0	260,0	58,86
2.	Pütsepp Sandra		2005	TÜASK	61.41	90,0	100,0	<del>105,0</del>	45,0	50,0	52,5	95,0	105,0	<del>110,0</del>	257,5	57,29
3.	Loose Sandra		2003	Rapla RJ	58.63	50,0	57,5	65,0	37,5	40,0	42,5	75,0	82,5	87,5	195,0	44,81
<b>-69kg</b>																
1.	Nikitina Vanessa		2002	Daigo	66.25	130,0	137,5	142,5	70,0	<del>75,0</del>	75,0	155,0	165,0	<del>172,5</del>	382,5	81,13
2.	Põldoja Paula		2002	TÜASK	67.47	70,0	80,0	<del>85,0</del>	50,0	<del>55,0</del>	<del>55,0</del>	80,0	90,0	100,0	230,0	48,25
<b>-76kg</b>																
1.	Kang Janeli		2005	Sparta	74.28	145,0	152,5	157,5	77,5	82,5	85,0	157,5	172,5	182,5	425,0	84,70
2.	Aus Annela		2003	Pitbulls	74.31	<del>127,5</del>	135,0	142,5	77,5	80,0	<del>82,5</del>	155,0	165,0	<del>177,5</del>	387,5	77,23
3.	Sepp Eleriin		2006	TÜASK	75.32	140,0	<del>150,0</del>	<del>150,0</del>	70,0	75,0	77,5	140,0	147,5	<del>152,5</del>	365,0	72,27
4.	Küttim Klaarika		2004	BAM Sport	72.12	<del>122,5</del>	122,5	132,5	57,5	62,5	<del>67,5</del>	130,0	150,0	<del>152,5</del>	345,0	69,79
<b>-84kg</b>																
1.	Mikomägi Eliise		2003	TÜASK	79.98	<del>160,0</del>	160,0	175,0	95,0	100,5	<del>102,5</del>	180,0	190,0	203,0	478,5	92,21
2.	Aruksaar Andra		2006	P4U	79.60	155,0	160,0	<del>165,0</del>	75,0	80,0	X	155,0	165,0	172,5	412,5	79,65
—	Soontalu Reya		2006	Daigo	77.82	<del>105,0</del>	<del>105,0</del>	<del>105,0</del>	<del>62,5</del>	X	X	X	X	X	DSQ	—

**84+kg**

1.	Rohtla Kärolin	2004	Daigo	91.05	170,0	<del>182,5</del>	<del>185,0</del>	<del>90,0</del>	90,0	<del>97,5</del>	150,0	162,5	<del>172,5</del>	422,5	77,49
2.	Talvik Emma Victoria	2002	M&M	89.33	127,5	135,0	140,0	65,0	70,0	<del>72,5</del>	142,5	152,5	157,5	367,5	67,84
3.	Kallas Kerda	2004	Sparta	93.15	115,0	<del>117,5</del>	<del>120,0</del>	60,0	62,5	<del>65,0</del>	110,0	120,0	130,0	307,5	56,00

**Best Lifters of Juniors by IPF GL Formula**

Lifter	Team	Bwt	Total	GL Points
1. Mikomägi Eliise	TÜASK	79.98	478,5	92,2070
2. Kang Janeli	Sparta SK	74.28	425,0	84,7025
3. Nikitina Vanessa	Daigo Power	66.25	382,5	81,1283

**Masters 1**

Name	d.o.b.	Team	Bwt	All Squat		All Bench Press			All Deadlift			Total	GL Pts		
<b>-69kg</b>															
1. Pajuste Ivi		1979	Reval	66.23	85,0	90,0	<del>92,5</del>	42,5	47,5	<del>50,0</del>	120,0	130,0	135,0	272,5	57,80
<b>-76kg</b>															
1. Haug Hedi		1985	Pitbulls	74.95	135,0	145,0	150,0	75,0	77,5	80,0	155,0	162,5	170,0	400,0	79,40
<b>-84kg</b>															
1. Rahuoja Riinu		1985	Tallinn	78.42	90,0	100,0	105,0	57,5	62,5	65,0	127,5	135,0	140,0	310,0	60,23
<b>84+kg</b>															
1. Karja Kristi		1976	P4U	87.83	127,5	X	X	65,0	<del>70,0</del>	<del>70,0</del>	130,0	140,0	147,5	340,0	63,14

**Best Lifters of Masters 1 by IPF GL Formula**

Lifter	Team	Bwt	Total	GL Points
1. Haug Hedi	Pitbulls MTÜ	74.95	400,0	79,4000
2. Karja Kristi	Powerlifting4U	87.83	340,0	63,1380
3. Rahuoja Riinu	Tallinn	78.42	310,0	60,2330

## Masters 2

Name	d.o.b.	Team	Bwt	All Squat			All Bench Press			All Deadlift			Total	GL Pts	
<b>-76kg</b>															
1. Elias Kaire		1975	Jõusport	71.35	75,0	82,5	87,5	55,0	60,0	<del>62,5</del>	95,0	105,0	<del>412,5</del>	252,5	51,38
<b>84+kg</b>															
1. Õpik Maarja		1972	Jõusport	85.77	92,5	97,5	100,0	50,0	<del>52,5</del>	52,5	107,5	117,5	122,5	275,0	51,51

## Team(IPF GL Points)

### Best Lifters of Masters 2 by IPF GL Formula

Lifter	Team	Bwt	Total	GL Points
1. Õpik Maarja	SK Jõusport	92,5	275,0	51,5075
2. Elias Kaire	SK Jõusport	75,0	252,5	51,3838