

INTERNATIONAL POWERLIFTING FEDERATION

Noorte, juunioride ja seenioride Eesti MV klassikalises lamades surumises 11.11.2023.

DETAILED SCORESHEET

Name	d.o.b.	Team	Bwt	All Bench Press			Total	GL Pts
Sub-Juniors								
-59kg								
1. Tera Kristjan	2007	Reval	58,30	65,0	75,0	80,0	80,0	48,59
2. Prey Aron	2008	Rapla RJ	58,00	50,0	52,5	57,5	57,5	35,03
-66kg								
1. Aland Kevin	2005	Jõusport	65,30	100,0	110,0	120,0	110,0	62,76
2. Vendelin Andri	2007	Võru	63,00	67,5	72,5	75,0	75,0	43,64
3. Maripuu Artur	2008	Reval	65,60	60,0	67,5	72,5	72,5	41,26
4. Rosenthal Artur	2006	Rapla RJ	64,00	47,5	52,5	55,0	55,0	31,72
-74kg								
1. Jefimov Elmar	2007	SK Saarde	73,05	105,0	112,5	120,0	112,5	60,41
2. Kallast Patrik	2008	Reval	72,60	90,0	95,0	100,0	100,0	53,87
3. Kiiver Timmu	2007	Hmeeste	71,20	80,0	85,0	90,0	85,0	46,27
4. Kihu Fred	2007	M&M	72,25	70,0	75,0	77,5	75,0	40,51
-83kg								
1. Kaasik Jan-Kaspar	2006	Tallinn	80,90	110,0	115,0	130,0	130,0	66,17
2. Vainu Uku Madis	2005	Tallinn	81,65	120,0	122,5	125,0	125,0	63,31
3. Tiitus Rait	2005	Pärnu	83,00	120,0	120,0	120,0	120,0	60,28
4. Palmiste Ragnar-Tristan	2006	Daigo	78,65	100,0	107,5	112,5	112,5	58,11
5. Fursal Yevhenii	2005	Tallinn	76,25	100,0	105,0	110,0	110,0	57,74
6. Drenkhan Kaur	2005	Merisalu	79,70	100,0	105,0	107,5	107,5	55,14
7. Kartau Rocco	2007	SK Saarde	80,60	95,0	100,0	105,0	100,0	50,99
8. Näär Harry	2006	Hmeeste	80,55	85,0	90,0	95,0	90,0	45,91
9. Rüütmaa Jan-Raien	2006	Rapla RJ	79,80	77,5	82,5	85,0	82,5	42,29
10. Selirand Johannes	2009	Reval	80,80	75,0	82,5	87,5	82,5	42,02
11. Treu Rene	2008	Reval	78,10	65,0	75,0	80,0	80,0	41,47
-93kg								
1. Zuranjuk Carl-Joosep	2006	Harjumaa	85,55	125,0	135,0	142,5	142,5	70,48
2. Orjol Maksim	2005	Daigo	90,95	120,0	127,5	132,5	132,5	63,56
3. Rebane Reinhold	2008	Daigo	90,80	120,0	125,0	132,5	125,0	60,01
4. Kõllo Rasmus	2006	TÜASK	88,50	110,0	115,0	120,0	115,0	55,91
5. Kranich Karl Robin	2006	TÜASK	87,85	105,0	112,5	112,5	105,0	51,24
6. Rebane Franz	2008	Daigo	87,90	100,0	107,5	107,5	100,0	48,79
-105kg								
1. Aedla Karl Aleksander	2006	Rapla RJ	97,60	137,5	142,5	150,0	142,5	66,05
2. Utsar Anri - Marten	2005	Reval	104,80	105,0	112,5	122,5	122,5	54,90
3. Tolga Rivo	2007	Harjumaa	99,05	115,0	120,0	122,5	120,0	55,22
4. Tallo Villem	2009	SK Saarde	98,90	95,0	100,0	105,0	100,0	46,05
5. Esnar Mihkel	2006	M&M	97,10	80,0	85,0	90,0	90,0	41,81
6. Kuusk Henry	2006	P4U	100,90	77,5	85,0	92,5	85,0	38,78
-120kg								
1. Rebane Reinhard	2005	Daigo	106,70	140,0	145,0	150,0	145,0	64,45
2. Valter Karel	2008	Rapla RJ	115,70	65,0	70,0	75,0	70,0	30,00
120+kg								
1. Utsar Andrian	2006	Reval	120,60	115,0	122,5	127,5	127,5	53,68

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team
1.	Zuranjuk Carl-Joosep	Harjumaa
2.	Kaasik Jan-Kaspar	Tallinn
3.	Aedla Karl Aleksander	Rapla RJ SK

Juniors

-74kg									
1.	Jürgens Pauli Nathan	2001	Keila	72,50	90,0	100,0	102,5	102,5	55,26
2.	Lokuta Stefan	2002	Laagri	72,15	75,0	90,0	95,0	90,0	48,65
-83kg									
1.	Mangusson Magnus	2004	Reval	81,25	120,0	130,0	135,0	130,0	66,01
2.	Sivov Dimitri	2001	Daigo	82,10	130,0	132,5	132,5	130,0	65,66
3.	Tõrepanov Ilja	2004	Daigo	82,10	105,0	105,0	112,5	112,5	56,82
4.	Oberg Marten	2004	Rapla RJ	76,55	97,5	102,5	107,5	107,5	56,31
—	Vanmik Jarmo	2000	Märjamaa	79,30	110,0	115,0	115,0	DSQ	—
-93kg									
1.	Ristlaid Evander	2004	P4U	90,65	147,5	155,0	163,0	155,0	74,48
2.	Jõe Kevin	2003	Võru	90,80	135,0	140,0	145,0	145,0	69,61
-105kg									
1.	Matsiselts Chris	2002	TÜASK	102,90	170,0	180,0	182,5	182,5	82,49
2.	Nöör Ralf - Nicholas	2002	M&M	93,05	95,0	102,5	107,5	107,5	50,99
3.	Bernhardt Andre-Andy	2000	Rapla RJ	95,85	62,5	70,0	77,5	77,5	36,23
-120kg									
1.	Kihu Mark	2000	TÜASK	107,70	135,0	140,0	147,5	147,5	65,28
2.	Lodi Markus	2002	TÜASK	109,60	130,0	135,0	135,0	135,0	59,28
120+kg									
1.	Tallo Oskar	2003	SK Saarde	129,00	172,5	181,0	181,5	181,5	74,29
2.	Martinson Remo Rico	2004	M&M	127,70	125,0	130,0	135,0	135,0	55,48

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt
1.	Matsiselts Chris	TÜASK	102,90
2.	Ristlaid Evander	Powerlifting4U	90,65
3.	Tallo Oskar	SK Saarde	129,00

Masters 1

-93kg									
1.	Nahkur Silver	1979	Sparta	89,95	130,0	132,5	135,0	135,0	65,11
2.	Pärtel Margus	1974	Sparta	92,30	125,0	130,0	132,5	125,0	59,52
-105kg									
1.	Tatarin Grigori	1979	Tartu	94,90	160,0	165,0	170,0	170,0	79,87
2.	Pent Rein	1977	Jõusport	98,15	160,0	165,0	170,0	170,0	78,57
3.	Vait Indrek	1981	P4U	103,80	145,0	150,0	150,0	145,0	65,28
4.	Rebane Rein	1977	Daigo	98,65	105,0	110,0	115,0	115,0	53,03
-120kg									
1.	Mägi Vahur	1974	Sparta	118,50	160,0	167,5	170,0	167,5	71,05
120+kg									
1.	Pärna Tarmo	1978	P4U	130,50	185,0	192,5	197,5	197,5	80,46
2.	Koovit Günter	1976	SK Saarde	136,40	160,0	167,5	172,5	167,5	67,05

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt
1.	Pärna Tarmo	Powerlifting4U	130,50
2.	Tatarin Grigori	Tartu	94,90
3.	Pent Rein	SK Jõusport	98,15

Masters 2

-74kg									
1.	Ossipov Vladimir	1972	BAM Sport	73,15	100,0	107,5	113,0	113,0	60,64
-93kg									
1.	Tallo Assar	1970	SK Saarde	86,70	130,0	137,5	442,5	137,5	67,55
-105kg									
1.	Abner Kalju	1965	Sparta	93,05	160,0	167,5	170,0	170,0	80,63
-120kg									
1.	Külaviir Andres	1973	Reval	109,20	160,0	165,0	165,0	160,0	70,37
120+kg									
1.	Koovit Gert	1973	Reval	133,00	170,0	180,0	185,0	185,0	74,80

Team(IPF GL Points)**Best Lifters of Masters 2 by IPF GL Formula**

Rnk	Lifter	Team	Bwt
1.	Abner Kalju	Sparta SK	93,05
2.	Koovit Gert	Reval	133,00
3.	Külaviir Andres	Reval	109,20

Masters 3

-83kg									
1.	Laas Mihkel	1954	Reval	81,75	115,0	120,0	122,5	122,5	62,01
-93kg									
1.	Martsepp Kalev	1959	Paide	91,60	116,0	121,0	X	121,0	57,84
—	Pent Väino	1957	Harjumaa	87,40	110,0	X	X	DSQ	—

Team(IPF GL Points)**Best Lifters of Masters 3 by IPF GL Formula**

Rnk	Lifter	Team	Bwt
1.	Laas Mihkel	Reval	81,75
2.	Martsepp Kalev	Paide	91,60

Masters 4

-105kg									
1.	Laurits Mihkel	1944	Märjamaa	99,15	95,0	100,0	105,0	100,0	46,00

Team(IPF GL Points)**Best Lifters of Masters 4 by IPF GL Formula**

Rnk	Lifter	Team	Bwt
1.	Laurits Mihkel	Märjamaa Power	99,15
