

INTERNATIONAL POWERLIFTING FEDERATION

Eesti MV (varustusega) lamades surumises, 12. november 2022, Elva Spordihoones - mehed, Elva (Eesti), 12.11.2022

SCORESHEET

| Rnk | Lifters | d.o.b. | Team | BWT | GL Coef | Lot | 1 Att. | 2 Att. | 3 Att. | Result | GL Pts | Pts |
|---------------|-------------------------|------------|------------|--------|---------|-----|--------|--------|--------|--------|--------|-----|
| -53kg | | | | | | | | | | | | |
| 1. | Niinberg Frank - Attila | 12.11.2008 | Märjamaa | 49,76 | 0,6301 | 1 | 35,0 | 40,0 | 42,5 | 40,0 | 25,20 | 12 |
| -59kg | | | | | | | | | | | | |
| 1. | Tera Kristjan | 04.06.2007 | Reval | 57,78 | 0,5060 | 2 | 55,0 | 60,0 | 65,0 | 65,0 | 32,89 | 12 |
| -66kg | | | | | | | | | | | | |
| 1. | Pirs Jaspar | 10.06.2008 | Märjamaa | 64,13 | 0,4473 | 3 | 60,0 | 80,0 | 80,0 | 60,0 | 26,84 | 12 |
| 2. | Mägi Airon Mattias | 28.12.2006 | M&M Streņç | 63,25 | 0,4541 | 4 | 45,0 | 50,0 | 52,5 | 50,0 | 22,70 | 9 |
| -74kg | | | | | | | | | | | | |
| 1. | Valk Karl Michael | 07.09.1994 | P4U | 73,97 | 0,3896 | 5 | 215,0 | 223,0 | 225,0 | 215,0 | 83,76 | 12 |
| 2. | Oja Andres | 10.09.1986 | TÜASK | 73,44 | 0,3920 | 7 | 150,0 | 160,0 | 160,0 | 150,0 | 58,80 | 9 |
| 3. | Aan Sander | 31.12.2007 | Jõusport | 70,42 | 0,4071 | 6 | 75,0 | 80,0 | 85,0 | 85,0 | 34,60 | 8 |
| -83kg | | | | | | | | | | | | |
| 1. | Lille Alo | 07.02.1980 | TÜASK | 81,19 | 0,3617 | 8 | 130,0 | 165,0 | 180,0 | 165,0 | 59,68 | 12 |
| 2. | Mangusson Magnus | 07.09.2004 | Reval | 80,36 | 0,3644 | 10 | 135,0 | 140,0 | 145,0 | 145,0 | 52,84 | 9 |
| 3. | Ristlaid Evander | 06.04.2004 | M&M Streņç | 81,10 | 0,3620 | 9 | 120,0 | 125,0 | 130,0 | 130,0 | 47,06 | 8 |
| 4. | Puuraid Hendrik | 02.03.2007 | Reval | 82,70 | 0,3569 | 11 | 85,0 | 92,5 | 100,0 | 92,5 | 33,01 | 7 |
| -93kg | | | | | | | | | | | | |
| 1. | Jablokov Jevgeni | 04.05.1988 | Reval | 91,96 | 0,3330 | 15 | 185,0 | 185,0 | 190,0 | 190,0 | 63,27 | 12 |
| 2. | Abner Kalju | 17.06.2065 | Sparta | 91,53 | 0,3339 | 16 | 175,0 | 180,0 | 185,5 | 180,0 | 60,10 | 9 |
| 3. | Vassiljev Aleksander | 06.05.2006 | P4U | 88,92 | 0,3399 | 12 | 122,5 | 130,0 | 137,5 | 137,5 | 46,74 | 8 |
| -105kg | | | | | | | | | | | | |
| 1. | Külaviir Andres | 12.01.1973 | Reval | 103,99 | 0,3119 | 2 | 220,0 | 230,0 | 237,5 | 230,0 | 71,74 | 12 |
| 2. | Raiend Rainer | 31.08.1998 | TÜASK | 104,65 | 0,3110 | 4 | 155,0 | 160,0 | 165,0 | 165,0 | 51,31 | 9 |
| 3. | Laurits Mihkel | 22.08.2044 | Märjamaa | 102,33 | 0,3143 | 3 | 105,0 | 140,0 | 145,0 | 105,0 | 33,00 | 8 |
| 4. | Kuusk Henry | 04.09.2006 | P4U | 98,31 | 0,3208 | 1 | 70,0 | 75,0 | 80,0 | 75,0 | 24,06 | 7 |
| — | Krõlov Kristo | 14.06.1995 | TÜASK | 104,43 | 0,3113 | 5 | 260,0 | 260,0 | 280,0 | DSQ | — | — |
| -120kg | | | | | | | | | | | | |
| 1. | Mäe Hjalmar | 27.11.1980 | Reval | 111,15 | 0,3029 | 6 | 280,0 | 292,5 | 295,0 | 292,5 | 88,60 | 12 |
| 2. | Raadik Mihkel | 16.06.1991 | P4U | 119,17 | 0,2949 | 7 | 255,0 | 262,5 | 270,0 | 262,5 | 77,41 | 9 |
| 120+kg | | | | | | | | | | | | |
| 1. | Pärna Tarmo | 24.07.1978 | P4U | 127,81 | 0,2882 | 10 | 305,0 | 310,0 | 310,0 | 305,0 | 87,90 | 12 |

| | | | | | | | | | | | |
|-----------------------|------------|-------|--------|--------|----|-------|------------------|------------------|-------|-------|---|
| 2. Lahe Jaan | 22.06.1986 | Reval | 124,23 | 0,2908 | 12 | 275,0 | 290,0 | 300,0 | 275,0 | 79,97 | 9 |
| 3. Vahtramäe Martin | 31.07.1993 | P4U | 144,36 | 0,2792 | 9 | 245,0 | 255,0 | 277,5 | 255,0 | 71,20 | 8 |
| 4. Lehtla Markus | 18.03.2004 | P4U | 156,60 | 0,2747 | 11 | 170,0 | 177,5 | 182,5 | 182,5 | 50,13 | 7 |
| 5. Ragis Kaur - Ruben | 02.03.2005 | TÜASK | 121,90 | 0,2926 | 13 | 120,0 | 125,0 | 130,0 | 130,0 | 38,04 | 6 |

Team (points)

Best Lifters of Open by IPF GL Formula

| Rnk | Lifter | Team | Bwt | Result | GL Points | C.Rnk |
|-----|-------------------|-----------------|--------|--------|-----------|-------|
| 1. | Mäe Hjalmar | Reval | 111,15 | 292,5 | 88,5983 | 1 |
| 2. | Pärna Tarmo | Powerlifting 4U | 127,81 | 305,0 | 87,9010 | 1 |
| 3. | Valk Karl Michael | Powerlifting 4U | 73,97 | 215,0 | 83,7640 | 1 |

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

Jõusport = SK Jõusport

M&M Streng = M&M Strength

Märjamaa = Märjamaa SK

P4U = Powerlifting 4U

Reval = Reval

Sparta = Sparta SK

TÜASK = TÜASK