

**INTERNATIONAL POWERLIFTING FEDERATION**  
**Eesti MV varustusega jõutõstmises 02. aprill 2022 (mehed), Tallinn (Estonia), 02.04.2022**

**SCORESHEET**

Rnk	Name	d.o.b.	Team	Bwt	GL Coef	SQ	BP	DL	TOTAL	GL Pts	Pts
<b>-59kg</b>											
1.	Reinsalu Patrick	27.03.2008	Märjamae	58,04	0,1475	55,0 1	47,5 1	80,0 1	182,5	26,92	12
<b>-66kg</b>											
1.	Leppik Mirko	13.03.2003	TÜASK	59,49	0,1447	120,0 1	80,0 1	135,0 1	335,0	48,47	12
2.	Sale Oliver	17.06.2008	Märjamae	65,86	0,1341	90,0 2	60,0 2	125,0 2	275,0	36,88	9
3.	Mägi Airon Mattias	28.12.2006	M&M Stre	64,69	0,1359	80,0 3	45,0 3	115,0 3	240,0	32,62	8
<b>-74kg</b>											
1.	Valk Karl Michael	07.09.1994	P4U	73,93	0,1240	195,0 1	220,5 1	217,5 1	633,0	78,49	12
2.	Prits Ahti	01.01.2064	Sparta	68,22	0,1309	150,0 2	95,0 2	160,0 3	405,0	53,01	9
3.	Udeküll Henri	10.12.2004	M&M Stre	70,08	0,1285	130,0 3	50,0 3	165,0 2	345,0	44,33	8
<b>-83kg</b>											
1.	Olak Harri	21.06.1992	TÜASK	82,50	0,1159	225,0 1	147,5 1	265,0 1	637,5	73,89	12
2.	Beljaev Kaarel	18.12.1999	M&M Stre	82,93	0,1155	200,0 2	122,5 3	260,0 2	582,5	67,28	9
3.	Mangusson Magnus	07.09.2004	ERA Rev:	78,69	0,1192	175,0 3	135,0 2	195,0 3	505,0	60,20	8
4.	Linna Kalev-Markus	15.01.2003	Märjamae	78,15	0,1197	105,0 4	100,0 4	130,0 4	335,0	40,10	7
<b>-93kg</b>											
1.	Kihu Mark	09.06.2000	TÜASK	92,27	0,1089	235,0 1	157,5 2	270,0 1	662,5	72,15	12
2.	Abner Kalju	17.06.2065	Sparta	90,79	0,1098	220,0 2	170,0 1	231,0 2	621,0	68,19	9
3.	Muuli Martis	14.09.2004	ERA Rev:	92,38	0,1088	180,0 3	90,0 3	190,0 3	460,0	50,05	8
<b>-105kg</b>											
1.	Krõlov Kristo	14.06.1995	TÜASK	102,98	0,1031	275,0 1	265,0 1	275,0 1	815,0	84,03	12
2.	Högström Henrik	22.04.2004	M&M Stre	104,93	0,1022	230,0 3	152,5 3	254,0 2	636,5	65,05	9
3.	Reppo Eero	31.08.1982	Sparta	104,52	0,1024	230,0 2	160,0 2	240,0 3	630,0	64,51	8
4.	Laurits Mihkel	22.08.2044	Märjamae	104,48	0,1024	170,0 4	105,0 4	170,0 4	445,0	45,57	7
5.	Kuusk Henry	04.09.2006	P4U	93,79	0,1080	127,5 5	60,0 5	135,0 5	322,5	34,83	6
<b>-120kg</b>											
1.	Raadik Mihkel	16.06.1991	Mulgi valc	117,68	0,0974	381,0 1	262,5 1	335,0 2	978,5	95,31	12
2.	Silbaum Margus	25.11.1976	Sparta	105,12	0,1022	350,0 2	235,0 2	330,0 3	915,0	93,51	9
3.	Erit Argo	22.02.1986	Sparta	109,92	0,1002	260,0 3	180,0 3	361,0 1	801,0	80,26	8
4.	Põldoja Robert	24.10.2000	M&M Stre	108,43	0,1008	220,0 4	117,5 5	220,0 4	557,5	56,20	7
5.	Utsar Andrian	21.09.2006	ERA Rev:	117,50	0,0974	182,5 5	100,0 6	182,5 5	465,0	45,29	6

6. Ragis Kaur - Ruben	02.03.2005	TÜASK	116,97	0,0976	145,0	6	125,0	4	155,0	6	425,0	41,48	5
<b>120+kg</b>													
1. Piralli Henry	25.09.1992	P4U	134,71	0,0928	250,0	1	177,5	1	300,0	1	727,5	67,51	12
2. Koovit Günter	26.04.1976	Saarde	139,58	0,0917	250,0	2	160,0	3	255,0	2	665,0	60,98	9
3. Lehtla Markus	18.03.2004	P4U	149,41	0,0899	225,0	3	167,5	2	245,0	3	637,5	57,31	8

### Team (points)

#### Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	GL Points	C.Rnk
1.	Raadik Mihkel	Mulgi vald	117,68	978,5	95,3059	1
2.	Silbaum Margus	Sparta SK	105,12	915,0	93,5130	2
3.	Krõlov Kristo	TÜASK	102,98	815,0	84,0265	1

#### Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

ERA Reval = ERA Reval - Sport

M&M Streng = M&M Strength

Mulgi vald = Mulgi vald

Märjamaa = Märjamaa SK

P4U = Powerlifting 4U

Saarde = SK Saarde

Sparta = Sparta SK

TÜASK = TÜASK