

Eesti Jõutösteiliit
EMV jõutöstmises (avatud), Eesti, Kilingi-Nõmme, 12.12.2020

Mehed	Kükk							Lamades surumine				Jõutõmme				Kogu-summa	IPF punkti	
	Koht	Nimi	Sünd.	Klubi	Kaal	1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse			3.katse
- 59 kg																		
–	Gevin Pikani-Vanatu	2003	Märjamaa SK	55,59	60,0	70,0	85,0	85,0	60,0	60,0	60,0	60,0	140,0	X	X	140,0	–	–
- 66 kg																		
1.	William Ilmari Ulvinen	2002	Märjamaa SK	62,50	110,0	117,5	120,0	120,0	95,0	97,5	100,0	100,0	165,0	175,0	177,5	177,5	397,5	49,33
2.	Markus Maimets	2006	Märjamaa SK	63,79	80,0	85,0	90,0	85,0	65,0	67,5	70,0	67,5	75,0	85,0	95,0	95,0	247,5	33,98
- 74 kg																		
1.	Heino Maiste	1949	Märjamaa SK	72,70	122,5	132,5	137,5	137,5	80,0	85,0	85,0	80,0	172,5	182,5	187,5	187,5	405,0	50,77
2.	Aleksander Vassiljev	2006	Märjamaa SK	73,30	120,0	125,0	132,5	132,5	140,0	110,0	115,0	115,0	130,0	140,0	145,0	140,0	387,5	48,32
3.	Markus Jago-Jaagu	2003	Märjamaa SK	72,10	120,0	130,0	130,0	120,0	80,0	82,5	88,0	82,5	140,0	150,0	X	150,0	352,5	44,43
–	Mihkel Ugandi	1992	Sparta SK	72,43	180,0	180,0	180,0	180,0	90,0	100,0	110,0	100,0	180,0	190,0	200,0	200,0	–	–
- 83 kg																		
1.	Germo Pikani-Vanatu	2002	Märjamaa SK	77,61	180,0	190,0	200,0	200,0	105,0	110,0	112,5	112,5	200,0	210,0	220,0	220,0	532,50	64,03
2.	Silver Nahkur	1979	Sparta SK	82,27	170,0	180,0	185,0	185,0	120,0	125,0	130,0	125,0	190,0	200,0	215,0	215,0	525,0	60,94
3.	Andri Kivimurd	1998	TKHK	77,90	135,0	142,5	142,5	135,0	110,0	115,0	120,0	115,0	145,0	155,0	165,0	155,0	405,0	48,59
–	Margus Raag	1982	Sparta SK	82,40	280,0	280,0	280,0	280,0	180,0	X	X	180,0	250,0	X	X	250,0	–	–
- 93 kg																		
1.	Fred Nääs	1989	Sparta SK	86,12	220,0	220,0	X	220,0	185,0	195,0	205,0	195,0	170,0	190,0	200,0	190,0	605,0	68,40
2.	Tanel Buström	1977	SK Saarde	92,57	200,0	210,0	220,0	220,0	135,0	140,0	145,0	140,0	210,0	225,0	247,5	225,0	585,0	63,60
3.	Mikk Manilets	1984	SK Saarde	89,30	170,0	180,0	190,0	190,0	120,0	122,5	130,0	130,0	180,0	200,0	210,0	210,0	530,0	58,73
4.	Assar Tallo	1970	SK Saarde	90,85	170,0	180,0	180,0	170,0	140,0	145,0	150,0	145,0	190,0	205,0	217,5	205,0	520,0	57,64
5.	Antti Markus	1973	Sparta SK	86,70	160,0	165,0	172,5	172,5	102,5	107,5	110,0	110,0	190,0	202,5	207,5	207,5	490,0	55,19
6.	Sven Eric Öunapuu	2002	Märjamaa SK	86,97	80,0	82,5	X	80,0	90,0	92,5	95,0	92,5	110,0	130,0	140,0	140,0	312,5	35,14
- 105 kg																		
1.	Margus Silbaum	1976	Sparta SK	101,98	370,0 m1	385,0 m1	400,0 n, m1	400,0 n, m1	220,0	230,0 m1	230,0 m1	220,0	300,0 m1	320,0 m1	320,0 m1	320,0 m1	940,0 m1	97,39
2.	Argo Erit	1986	Sparta SK	101,98	270,0	290,0	300,0	300,0	200,0	200,0	X	200,0	280,0	300,0	320,0	320,0	820,0	84,95
3.	Kristo Krölov	1995	TÜASK	102,65	245,0	255,0	X	255,0	255,0	266,5 n	275,0	266,5 n	265,0	280,0	300,0	280,0	801,5	82,78
4.	Jevgeni Jablov	1988	SK Reval-Sport	104,53	270,0	285,0	290,0	290,0	190,0	200,0	X	200,0	250,0	265,0	265,0	250,0	740,0	75,76
5.	Henrik Ted Carl Erik Högström	2004	TKHK	99,14	145,0	155,0	165,0	165,0	110,0	117,5	120,0	120,0	180,0	195,0	205,0	205,0	490,0	51,46
6.	Arne Riso	1987	Sparta SK	97,30	130,0	140,0	140,0	140,0	90,0	95,0	95,0	90,0	140,0	150,0	160,0	150,0	380,0	40,3
- 120 kg																		
1.	Mihkel Raadik	1991	Viljandi	118,53	380,5 n	390,0 n	400,5 n	380,5 n	245,0	255,0	255,0	255,0	310,0	335,0	340,0	340,0	975,5 n	94,73
2.	Kristjan Puusepp	1993	SK Saarde	119,80	200,0	215,0	230,0	215,0	150,0	160,0	170,0	160,0	240,0	255,0	270,0	270,0	645,0	62,38
3.	Mihkel Laurits	1944	Märjamaa SK	105,10	165,0 m4	175,0 m4	177,5 m4	177,5 m4	145,0 m4	152,5 m4	152,5 m4	145,0 m4	180,0	190,0	200,0	200,0	522,5 m4	53,38
–	Marek Keerand	1978	Sparta SK	105,08	180,0	180,0	180,0	180,0	170,0	X	X	170,0	180,0	X	X	180,0	–	–
120+ kg																		
1.	Gert Koovit	1973	SK Reval-Sport	138,65	290,0	305,0 m1	315,0 m1	305,0 m1	265,0	265,0	265,0	265,0	280,0	300,0 m1	310,0 m1	300,0 m1	870,0 m1	79,97
2.	Kaido Leesmann	1969	SK Reval-Sport	134,80	120,0	160,0	200,0	200,0	305,0	325,0 n, nsl, m1, m1sl, m2, m2sl	330,0 n, nsl, m1, m1sl, m2, m2sl	325,0 n, nsl, m1, m1sl, m2, m2sl	120,0	250,0	275,0 m2	275,0 m2	800,0	74,20
3.	Günter Koovit	1976	SK Saarde	138,01	250,0	260,0	270,0	270,0	170,0	220,0	230,0	230,0	240,0	255,0	265,0	265,0	765,0	70,42
–	Igor Liivanurm	1968	Sparta SK	120,30	175,0	X	X	175,0	160,0	X	X	160,0	200,0	X	X	200,0	–	–

n - national record
nsl - national single lift record

m1 - national masters 1 record
m1sl - national masters 1 rsingle lift record

m2 - national masters 2 record
m2sl - national masters 2 rsingle lift record

m4 - national masters 4 record