



RAPLA MAAKONNA KLASSIKALISE JÕUTÕSTMISE KARIKAVÕISTLUSED 2020

Märjamaa

7. märts 2020. a

Kaalumine 9.00-10.30

Võistluste algus 11.00

| Võistleja | | | | | Võistluste käik | | | | | | | | | Saavutatud tulemused | | | | | | |
|-----------------------|------------------------|------------------------|------------|------------|-----------------|-------|-------|------------------|-------|-------|----------|-----|------|----------------------|--------------|--------|-----------|--------------|--------|---|
| Perekonna- ja eesnimi | Sünniaasta | Võistkond Klubi / Vald | Kehakaal | Kaaluklass | Kükk | | | Lamades surumine | | | Jõutõmme | | | Lamades surumine | | | Kogusumma | IPF'i punkte | Koht | |
| | | | | | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 2 | 3 | L.S | IPF'i punkte | koht | | | | |
| -59kg | | | | | | | | | | | | | | | | | | | | |
| 1 | Carl Sander Kägo | 07.12.03 | Märjamaa | 57,9 | -59,0 | 55 | 60 | -65 | 55 | 60 | -62,5 | 90 | 105 | 110 | 60 | 2,02 | 20 | 230,0 | 248,73 | 2 |
| 2 | Ants Torri | 16.09.57 | Järvakandi | 58,5 | -59,0 | 105 | 115 | - | 60 | 65 | - | 120 | 130 | -137,5 | 65 | 8,54 | 19 | 310,0 | 361,29 | 1 |
| -66kg | | | | | | | | | | | | | | | | | | | | |
| 1 | Aleksander Vassiljev | 06.05.06 | Märjamaa | 65,0 | -66,0 | 90 | 100 | 105 | 65 | 75 | 80 | 110 | 120 | - | 80 | 21,62 | 17 | 305,0 | 321,38 | 3 |
| 2 | William Ilmari Ulvinen | 04.09.02 | Kohila | 60,0 | -66,0 | 90 | 100 | 105 | 80 | 90 | - | 140 | 150 | 160 | 90 | 42,09 | 12 | 355,0 | 416,38 | 1 |
| 3 | Philip Abt | 12.09.02 | Vigala | 65,1 | -66,0 | 100 | 115 | 120 | 65 | 75 | 85 | 130 | 140 | 150 | 85 | 28,16 | 16 | 355,0 | 387,48 | 2 |
| -74kg | | | | | | | | | | | | | | | | | | | | |
| 1 | Markus Jgo-Jaagu | 21.10.03 | Märjamaa | 70,0 | -74,0 | 110 | 120 | -130 | 67,5 | -75 | -75 | 135 | 145 | -160 | 67,5 | 0,54 | 21 | 332,5 | 335,96 | 1 |
| 2 | Jan-Mihkel Mau | 06.08.04 | Märjamaa | 71,5 | -74,0 | -50 | 50 | 65 | 45 | 50 | -52,5 | 80 | 90 | 100 | 50 | -22,49 | 23 | 215,0 | 183,42 | 2 |
| -83kg | | | | | | | | | | | | | | | | | | | | |
| 1 | Armin Liivat | 19.08.71 | Rapla | 82,9 | -83,0 | 130 | 140 | -150 | 100 | 110 | 115 | 150 | -160 | - | 115 | 45,89 | 11 | 405,0 | 375,41 | 5 |
| 2 | Heigo Tamberg | 17.01.05 | Kohila | 75,7 | -83,0 | 80 | 100 | 115 | 50 | 70 | 85 | 90 | 110 | 135 | 85 | 17,36 | 18 | 335,0 | 317,95 | 6 |
| 3 | Tanel Volmer | 23.06.88 | Rapla | 81,7 | -83,0 | 162,5 | 167,5 | 170 | -140 | 140 | 145 | 180 | 190 | 200 | 145 | 81,44 | 4 | 515,0 | 505,60 | 1 |
| 4 | Tarvo Heinroos | 06.10.96 | Rapla | 80,8 | -83,0 | 165 | 172,5 | 175 | 135 | 140 | -145 | 170 | 180 | 185 | 140 | 76,79 | 5 | 500,0 | 492,30 | 2 |
| 5 | Tanel Männisalu | 20.05.99 | Rapla | 76,5 | -83,0 | 140 | -150 | 150 | 115 | 120 | -125 | 180 | 195 | -205 | 120 | 58,48 | 9 | 465,0 | 470,52 | 4 |
| 6 | Germo Pikani-Vanatua | 02.07.02 | Märjamaa | 74,7 | -83,0 | 180 | 185 | -190 | 95 | -100 | - | 185 | 195 | 200 | 95 | 30,35 | 15 | 480,0 | 497,23 | 3 |
| -93kg | | | | | | | | | | | | | | | | | | | | |
| 1 | Toomas Tikerpalu | 08.01.92 | Rapla | 85,5 | -93,0 | 160 | 180 | -190 | 130 | 140 | 142,5 | 200 | 220 | 237,5 | 142,5 | 74,19 | 6 | 560,0 | 539,89 | 1 |
| 2 | Lauri Lasner | 17.06.91 | Valtu | 91,7 | -93,0 | 165 | 180 | -190 | 110 | 117,5 | -125 | 160 | 170 | 180 | 117,5 | 41,11 | 14 | 477,5 | 426,66 | 4 |
| 3 | Jüri Haud | 28.02.84 | Rapla | 84,1 | -93,0 | 130 | 140 | 145 | 145 | 155 | 160 | 160 | 170 | -180 | 160 | 95,46 | 1 | 475,0 | 450,31 | 5 |
| 4 | Jarko Eier | 04.08.04 | Märjamaa | 86,1 | -93,0 | 90 | 105 | 115 | 60 | 70 | -77,5 | 90 | 110 | 115 | 70 | -7,00 | 22 | 300,0 | 248,49 | 6 |
| 5 | Valter Tamberg | 16.11.92 | Kohila | 86,0 | -93,0 | 170 | 185 | 195 | 145 | 155 | -157,5 | 190 | 210 | -212,5 | 155 | 87,54 | 2 | 560,0 | 537,74 | 2 |
| 6 | Rainer Rosenstok | 05.03.93 | Kohila | 91,0 | -93,0 | 130 | 140 | 147,5 | 122,5 | 132,5 | 137,5 | 200 | 215 | 227,5 | 137,5 | 63,17 | 7 | 512,5 | 466,54 | 3 |
| -105kg | | | | | | | | | | | | | | | | | | | | |
| 1 | Egon Jakobson | 14.02.85 | Märjamaa | 97,3 | -105,0 | 140 | -160 | 160 | 130 | 140 | -145 | 200 | 220 | -230 | 140 | 60,34 | 8 | 520,0 | 454,00 | 1 |
| -120kg | | | | | | | | | | | | | | | | | | | | |
| 1 | Janar Jõgimaa | 30.01.84 | Rapla | 114,2 | -120,0 | 200 | 210 | 220 | 165 | 175 | -190 | 220 | 240 | - | 175 | 81,96 | 3 | 635,0 | 519,84 | 1 |

| +120kg | | | | | | | | | | | | | | | | | | | | |
|---|----------------|----------|-----------|-------|------|-----|-----|------|-----|-----|------|-----|-------|------|-----|-------|----|-------|--------|---|
| 1 | Mart Laanisto | 11.11.80 | Rapla | 128,2 | +120 | 160 | 180 | -200 | 130 | 140 | -150 | 200 | 210 | -220 | 140 | 41,32 | 13 | 530,0 | 392,02 | 2 |
| 2 | Martin Kask | 06.12.87 | Rapla | 124,6 | +120 | 200 | 220 | - | 130 | 140 | 145 | 200 | 210 | - | 145 | 47,60 | 10 | 575,0 | 439,62 | 1 |
| NB! Väljaspool arvestust - Mitte Rapla maakonna sportlased | | | | | | | | | | | | | | | | | | | | |
| Kõik kaalud – IPF`i arvestus | | | | | | | | | | | | | | | | | | | | |
| 1 | Tõnis Holmberg | 01.02.95 | Sparta SK | 109,1 | -120 | 250 | 260 | -265 | 160 | 165 | -170 | 280 | 302,5 | 310 | 165 | 76,14 | 1 | 735,0 | 631,59 | 1 |

Võistlused viis läbi Rapla Maakonna Spordiliit koos Kalev Kotto, Mihkel Laurits ja Heino Maistega.

NB! Noored (2002.a sündinud ja nooremad)

Kolm Parimat noort:

Germo Pikani-Vanatua 497,23 IPF`i punkti
 William Ilmari Ulvinen 416,38 IPF`i punkti
 Philip Abt 387,48 IPF`i punkti

Võistluste sekretär:

Mihkel Laurits
 Kalev Kotto

Töstekohtunikud:

Rain Saar
 Risto Raadik
 Priit Ründal
 Valjar Sutri
 Kaarel Kukk

Assistendid:

Lamades surumise parimad:

Jüri Haud 160kg 95,46 IPF`i punkti
 Valter Tamberg 155kg 87,54 IPF`i punkti
 Janar Jõgimaa 175kg 81,96 IPF`i punkti
 Tanel Volmer 145kg 81,44 IPF`i punkti
 Tarvo Heinroos 140kg 76,79 IPF`i punkti
 Toomas Tikerpalu 142,5kg 74,19 IPF`i punkti