


# Eesti meistrivõistlused klassikalises jõutõstmises 2019

Tallinn 26.-27.okt.2019



Koht	Nimi	Kaal	Klubi	Lot	Kükk				Lamades surumine				Jõutõmme			KOGUSUMMA	ABSOLUUT		
					K 1	K 2	K 3	Parim	K 1	K 2	K 3	Parim	K 1	K 2	K 3		Parim	KOHT	IPF P.
<b>Mehed -59kg</b>																			
1	Elmar Põldslu	58.16	Palmse	5	110.0	120.0	125.0	125.0	45.0	47.5	50.0	47.5	152.5	160.0	X	152.5	<b>325.0</b>	58.	385
2	Gevin Pikani-Vanatu	47.99	Märjamaa SK	1	50.0	55.0	65.0	65.0	40.0	45.0	47.5	45.0	70.0	80.0	90.0	90.0	<b>200.0</b>	67.	254
<b>Mehed -66kg</b>																			
1	Maldis-Sveno Laur	64.78	TKHK	6	160.0	170.0	170.0	160.0	130.5	133.5	X	130.5	175.0	185.0	190.0	190.0	<b>480.5</b>	19.	557
2	Kristo Kivioja	64.50	TKHK	4	115.0	127.5	132.5	127.5	100.0	105.0	105.0	100.0	160.0	175.0	180.0	180.0	<b>407.5</b>	44.	461
3	Aleksander Vassiljev	60.52	Märjamaa SK	3	80.0	90.0	95.0	95.0	65.0	67.5	70.0	70.0	100.0	110.0	115.0	115.0	<b>280.0</b>	63.	308
4.	Tony Lehtsalu	65.97	Märjamaa SK	2	55.0	60.0	62.5	60.0	55.0	60.0	X	60.0	80.0	90.0	95.0	95.0	<b>215.0</b>	68.	199
<b>Mehed -74kg</b>																			
1	Andrei Koplík	73.52	RSKsPORTKUN	2	190.0	190.0	200.0	200.0	157.5	162.5	166.0	166.0	217.5	222.5	222.5	217.5	<b>583.5</b>	7.	630
2	Andres Oja	73.83	TÜASK	21	175.0	182.5	185.0	185.0	130.0	135.0	140.0	140.0	220.0	232.5	240.0	240.0	<b>565.0</b>	12.	606
3	Allan Nikopensius	73.57	TÜASK	5	150.0	160.0	170.0	160.0	120.0	125.0	130.0	130.0	190.0	210.0	230.0	230.0	<b>520.0</b>	20.	552
4.	Maiko Bortnik	73.28	Sparta SK	1	177.5	177.5	185.0	177.5	117.5	120.0	122.5	122.5	205.0	210.0	217.5	217.5	<b>517.5</b>	22.	551
5.	Vladimi Ossipov	73.05	Sparta SK	7	150.0	150.0	160.0	160.0	100.0	105.0	110.0	110.0	175.0	190.0	200.0	200.0	<b>470.0</b>	34.	493
6.	Germo Pikani-Vanatu	73.42	Märjamaa SK	12	150.0	160.0	172.5	160.0	95.0	97.5	97.5	95.0	180.0	190.0	195.0	195.0	<b>450.0</b>	42.	467
7.	Dominic Taal	72.38	Sparta SK	14	160.0	171.0	177.5	171.0	80.0	87.5	90.0	87.5	165.0	175.0	192.5	175.0	<b>433.5</b>	47.	452
8.	Bruno Truuse	72.50	TÜASK	4	125.0	135.0	140.0	135.0	90.0	95.0	100.0	100.0	155.0	170.0	180.0	180.0	<b>415.0</b>	51.	428
9.	Tauno Telvik	69.30	Sparta SK	15	105.0	115.0	125.0	125.0	87.5	95.0	X	95.0	165.0	165.0	180.0	165.0	<b>385.0</b>	55.	406
10.	Heino Maiste	73.06	Märjamaa SK	19	110.0	120.0	120.0	120.0	75.0	80.0	85.0	85.0	165.0	172.5	180.0	180.0	<b>385.0</b>	57.	389
11.	Henri Rüga	71.78	SK Jõusport	8	120.0	130.0	140.0	140.0	75.0	82.5	82.5	82.5	120.0	130.0	140.0	140.0	<b>362.5</b>	59.	366
12.	Markus Jago-Jaagu	70.57	Märjamaa SK	25	110.0	120.0	120.0	110.0	60.0	67.5	70.0	70.0	130.0	140.0	150.0	140.0	<b>320.0</b>	62.	318
13.	Karl Eilo	73.80	Sparta SK	10	100.0	110.0	120.0	120.0	55.0	62.5	67.5	62.5	120.0	125.0	135.0	135.0	<b>317.5</b>	65.	303
<b>Mehed -83kg</b>																			
1	Aimar Kuusnõmm	82.03	Sparta SK	16	240.0	250.0	260.0	250.0	170.0	180.0	X	180.0	270.0	280.0	X	280.0	<b>710.0</b>		727
2	Harri Olak	81.83	TÜASK	24	215.0	225.0	230.0	230.0	140.0	145.0	150.0	150.0	250.0	260.0	272.5	260.0	<b>640.0</b>	5.	648
3	Roland Desjatski	82.07	Võru	23	200.0	212.5	220.0	212.5	117.5	125.0	132.5	125.0	260.0	277.5	287.5	287.5	<b>625.0</b>	8.	630
4.	Kert Pääbo	82.57	Sparta SK	22	215.0	226.0	232.5	226.0	127.5	135.0	137.5	137.5	240.0	260.5	265.0	260.5	<b>624.0</b>	9.	626
5.	Kristo Ader	82.58	Sparta SK	28	190.0	200.0	210.0	200.0	130.0	135.0	137.5	135.0	230.0	250.0	261.0	250.0	<b>585.0</b>	15.	582
6.	Mati Kase	81.11	Sparta SK	26	162.5	170.0	175.0	170.0	122.5	127.5	135.0	127.5	215.0	225.0	227.5	227.5	<b>525.0</b>	29.	520
7.	Marko Loogna	82.57	Sparta SK	13	165.0	170.0	175.0	170.0	120.0	125.0	127.5	127.5	190.0	190.0	210.0	210.0	<b>507.5</b>	35.	493

8.	Endry Metsmaa	82.52	Sparta SK	6	150.0	160.0	<del>165.0</del>	160.0	120.0	<del>125.0</del>	<del>125.0</del>	120.0	185.0	190.0	210.0	210.0	490.0	38.	474
9.	Rauno Paja	77.63	Sparta SK	11	140.0	150.0	<del>162.5</del>	150.0	<del>115.0</del>	115.0	<del>120.0</del>	115.0	180.0	190.0	202.5	202.5	467.5	41.	468
10.	Freddy Jakobson	78.69	TÜASK	9	155.0	165.0	<del>172.5</del>	165.0	100.0	105.0	107.5	107.5	180.0	192.5	<del>207.5</del>	192.5	465.0	45.	461
11.	Kermo Lukas	75.44	TKHK	3	145.0	157.5	160.0	160.0	90.0	95.0	<del>100.0</del>	95.0	160.0	165.0	X	165.0	420.0	53.	421
12.	Aleks Pullerits	80.82	Märjamaa SK	27	120.0	125.0	130.0	130.0	65.0	72.5	<del>75.0</del>	72.5	110.0	125.0	130.0	130.0	332.5	66.	299
-	Silver Nahkur	82.27	Sparta SK	20	<del>150.0</del>	<del>150.0</del>	<del>150.0</del>	<del>150.0</del>	115.0	120.0	125.0	125.0	170.0	180.0	190.0	190.0	<del>465.0</del>		446
-	Nils Erik Johannes Kiisler	82.36	Tallinn	17	<del>150.0</del>	<del>150.0</del>	<del>150.0</del>	<del>150.0</del>	110.0	115.0	<del>122.5</del>	115.0	190.0	200.0	<del>210.0</del>	200.0	<del>465.0</del>		446




### Mehed -93kg

	Rait Veski	91.09	Sõmerpalu	36	220.0	<del>235.0</del>	240.0	240.0	160.0	<del>165.0</del>	165.0	165.0	270.0	280.0	292.5	292.5	697.5		665
	Siim Sammalkivi	91.74	TÜASK	10	225.0	235.0	245.0	245.0	157.5	165.0	167.5	167.5	270.0	282.5	<del>290.0</del>	282.5	695.0	4.	659
	Agris Reppo	91.48	TÜASK	42	190.0	202.5	<del>212.5</del>	202.5	145.0	152.5	<del>157.5</del>	152.5	240.0	260.0	<del>265.0</del>	260.0	615.0	17.	575
4.	Mihkel Ruut	91.89	TÜASK	14	195.0	202.5	207.5	207.5	122.5	127.5	<del>132.5</del>	127.5	235.0	245.0	<del>255.0</del>	245.0	580.0	25.	536
5.	Mark Kihu	92.23	TÜASK	39	190.0	200.0	207.5	207.5	120.0	125.0	127.5	127.5	225.0	237.5	<del>247.5</del>	237.5	572.5	28.	526
6.	Kert-Osvald Mürk	91.40	Sparta SK	25	180.0	<del>190.0</del>	190.0	190.0	132.5	135.0	<del>140.0</del>	135.0	220.0	230.0	<del>240.0</del>	230.0	555.0	31.	511
7.	Artur Annimäe	85.57	Rakvere	18	170.0	180.0	190.0	190.0	130.0	135.0	140.0	140.0	180.0	190.0	200.0	200.0	530.0	33.	506
8.	Fred Nääs	83.06	Sparta SK	41	180.0	190.0	190.0	190.0	145.0	155.0	155.0	155.0	190.0	210.0	X	210.0	525.0	30.	511
9.	Marko Tui	91.84	SK Reval-Sport	7	167.5	<del>175.0</del>	<del>175.0</del>	167.5	135.0	<del>140.0</del>	<del>140.0</del>	135.0	190.0	200.0	210.0	210.0	512.5	43.	464
10.	Gabriel Mälton	83.36	TÜASK	31	130.0	140.0	<del>147.5</del>	140.0	90.0	95.0	<del>97.5</del>	95.0	185.0	197.5	<del>202.5</del>	197.5	432.5	56.	405
11.	Raien Karus	91.09	Märjamaa SK	15	140.0	145.0	150.0	150.0	80.0	<del>85.0</del>	<del>85.0</del>	80.0	150.0	165.0	170.0	170.0	400.0	61.	345
-	Margus Silbaum	93.00	Sparta SK	4	<del>280.0</del>	<del>280.0</del>	<del>280.0</del>	<del>280.0</del>	172.5	<del>180.0</del>	<del>180.0</del>	172.5	300.0	<del>325.5</del>	<del>325.5</del>	300.0	<del>752.5</del>		715
-	Arvo Kaljapulk	92.73	Võru	34	<del>240.0</del>	<del>240.0</del>	<del>240.0</del>	<del>240.0</del>	140.0	150.0	X	150.0	310.0	<del>320.0</del>	<del>320.0</del>	310.0	<del>700.0</del>		660
-	Assar Tallo	89.40	SK Saarde	12	165.0	<del>175.0</del>	<del>175.0</del>	165.0	<del>145.0</del>	<del>145.0</del>	<del>145.0</del>	<del>145.0</del>	X	X	X	X	310.0		252




### Mehed -105kg

	Alex-Edward Raus	98.68	TÜASK	6	275.0	290.0	300.0	300.0	170.0	175.0	180.0	180.0	275.0	285.0	295.0	295.0	775.0		712
	Tõnis Holmberg	104.67	Sparta SK	11	240.0	255.0	<del>260.0</del>	255.0	167.5	<del>172.5</del>	X	167.5	280.0	<del>300.0</del>	X	280.0	702.5	11.	615
	Argo Erit	99.83	Sparta SK	19	200.0	220.0	<del>235.0</del>	220.0	160.0	175.0	182.5	182.5	260.0	270.0	<del>300.0</del>	270.0	672.5	13.	602
4.	Üllar Raidla	94.06	Tartu	13	205.0	215.0	222.5	222.5	155.0	165.0	<del>170.0</del>	165.0	245.0	255.0	262.5	262.5	650.0	14.	601
5.	Hjalmar Mäe	104.49	SK Reval-Sport	40	180.0	200.0	220.0	220.0	180.0	187.5	192.5	192.5	180.0	215.0	<del>262.5</del>	215.0	627.5	24.	541
6.	Tanel Buström	100.79	SK Saarde	20	210.0	<del>226.0</del>	226.0	226.0	145.0	150.0	<del>152.5</del>	150.0	230.0	250.0	<del>255.0</del>	250.0	626.0	21.	551
7.	Märten Osijärv	95.70	Rapla	33	180.0	190.0	<del>200.0</del>	190.0	120.0	125.0	130.0	130.0	200.0	<del>212.5</del>	212.5	212.5	532.5	39.	472
8.	Patrick Lomp	98.68	TÜASK	8	180.0	190.0	<del>200.0</del>	190.0	125.0	<del>132.5</del>	<del>132.5</del>	125.0	200.0	215.0	<del>222.5</del>	215.0	530.0	46.	460
9.	Mikk Lehtoja	98.20	TÜASK	17	175.0	185.0	190.0	190.0	110.0	115.0	<del>120.0</del>	115.0	175.0	190.0	<del>195.0</del>	190.0	495.0	52.	426
10.	Rainer Raiend	95.59	TÜASK	21	150.0	160.0	170.0	170.0	102.5	110.0	<del>112.5</del>	110.0	175.0	190.0	200.0	200.0	480.0	54.	417
11.	Mihkel Laurits	101.40	Märjamaa SK	22	135.0	145.0	X	145.0	105.0	110.0	<del>112.5</del>	110.0	180.0	<del>200.0</del>	<del>200.0</del>	180.0	435.0	60.	356
12.	Henrik Ted Carl Erik Höög	100.65	TKHK	38	110.0	120.0	127.5	127.5	82.5	<del>92.5</del>	97.5	97.5	140.0	160.0	<del>175.0</del>	160.0	385.0	64.	307

### Mehed -120kg

	Marek Vähi	118.34	Sparta SK	16	265.0	277.5	<del>285.0</del>	277.5	195.0	202.5	205.0	205.0	285.0	295.0	<del>305.0</del>	295.0	<b>777.5</b>	6.	642
	Kalle Meho	106.72	Tartu	9	215.0	227.5	<del>232.5</del>	227.5	177.5	182.5	<del>187.5</del>	182.5	240.0	255.0	265.0	265.0	<b>675.0</b>	16.	581
	Risto Sappinen	106.97	Sparta SK	29	205.0	215.0	220.0	220.0	170.0	180.0	185.0	185.0	245.0	255.0	<del>265.0</del>	255.0	<b>660.0</b>	18.	565
4.	Kristjan Puusepp	118.20	SK Saarde	24	<del>190.0</del>	200.0	210.0	210.0	160.0	170.0	172.5	172.5	<del>240.0</del>	250.0	<del>260.0</del>	250.0	<b>632.5</b>	32.	507
5.	Tanel Saimre	112.12	TÜASK	3	195.0	210.5	215.0	215.0	100.0	110.0	112.5	112.5	245.0	265.0	<del>272.5</del>	265.0	<b>592.5</b>	36.	485
6.	Günther Siimenson	105.75	TÜASK	23	180.0	190.0	<del>200.0</del>	190.0	140.0	145.0	150.0	150.0	200.0	220.0	<del>230.0</del>	220.0	<b>560.0</b>	40.	470
7.	Mario Kang	110.29	Rakvere	26	185.0	<del>195.0</del>	195.0	195.0	135.0	145.0	<del>155.0</del>	145.0	180.0	195.0	<del>205.0</del>	195.0	<b>535.0</b>	50.	434

### Mehed +120kg

	Siim Rast	183.75	SK Reval-Sport	32	307.5	322.5	332.5	332.5	230.0	242.5	252.5	252.5	310.0	330.0	<del>340.0</del>	330.0	<b>915.0</b>	10.	617
	Gert Koovit	139.25	SK Saarde	2	<del>255.0</del>	255.0	255.0	255.0	175.0	182.5	<del>190.0</del>	182.5	265.0	280.0	290.0	290.0	<b>727.5</b>	23.	545
	Henry Piralli	133.47	SK Reval-Sport	5	240.0	245.0	<del>245.0</del>	240.0	167.5	172.5	<del>177.5</del>	172.5	275.0	287.5	<del>300.0</del>	287.5	<b>700.0</b>	26.	533
4.	Martin Vahtramäe	122.42	SK Reval-Sport	150	240.0	<del>247.5</del>	250.0	250.0	140.0	145.0	150.0	150.0	257.5	265.0	<del>275.0</del>	265.0	<b>665.0</b>	27.	527
5.	Günter Koovit	132.40	SK Saarde	27	<del>220.0</del>	225.0	<del>230.0</del>	225.0	165.0	172.5	<del>177.5</del>	172.5	235.0	<del>242.5</del>	242.5	242.5	<b>640.0</b>	37.	482
6.	Igor Liivanurm	125.45	Sparta SK	30	180.0	<del>200.0</del>	<del>200.0</del>	180.0	140.0	150.0	<del>160.0</del>	150.0	240.0	260.0	X	260.0	<b>590.0</b>	48.	452
7.	Martin Kask	126.33	Rapla	37	200.0	220.0	235.0	235.0	125.0	130.0	135.0	135.0	200.0	220.0	<del>230.0</del>	220.0	<b>590.0</b>	49.	450

### Võistkonna arvestus

	<b>TÜASK</b>	Alex-Edward Raus	712	+	Siim Sammalkivi	659	+	Harri Olak	648	+	Andres Oja	606	=	<b>2,625</b>	
	<b>Sparta SK 1</b>	Aimar Kuusnõmm	727	+	Marek Vähi	642	+	Kert Pääbo	626	+	Tõnis Holmberg	615	=	<b>2,610</b>	<b>-15</b>
	<b>Sparta SK 2</b>	Argo Erit	602	+	Kristo Ader	582	+	Risto Sappinen	565	+	Maiko Bortnik	551	=	<b>2,299</b>	<b>-326</b>
4.	<b>SK Reval-Sport</b>	Siim Rast	617	+	Hjalmar Mäe	541	+	Henry Piralli	533	+	Martin Vahtramäe	527	=	<b>2,218</b>	<b>-407</b>
5.	<b>Sparta SK 3</b>	Mati Kase	520	+	Fred Nääs	511	+	Kert-Osvald Mürk	511	+	Vladimi Ossipov	493	=	<b>2,035</b>	<b>-590</b>

KOGUSUMMA IPF PUNKTIDES