

**Eesti Jõutõsteliit**  
**EMV jõutõstmises 2019 (veteranid), Eesti, Kilingi-Nõmme, 20.04.2019**

**Mehed**

Koht	Nimi	Sünd.	Klubi	Kaal	Kükk				Lamades surumine				Jõutõmme				Kogu-summa	IPF punkti
					1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus		
<b>M1</b>																		
1.	Günter Koovit	1976	SK Saarde	128,05	265,0	275,0	285,0	<b>285,0</b>	210,0	<del>220,0</del>	<del>220,0</del>	<b>210,0</b>	240,0	250,0	260,0	<b>260,0</b>	755,0	498,29
2.	Tarmo Pärna	1978	SK Reval-Sport	118,86	220,0	<del>250,0</del>	X	<b>220,0</b>	<del>255,0</del>	255,0	<del>265,0</del>	<b>255,0</b>	230,0	<del>240,0</del>	<del>245,0</del>	<b>230,0</b>	705,0	485,22
3.	Assar Tallo	1970	SK Saarde	90,44	160,0	<del>170,0</del>	<del>170,0</del>	<b>160,0</b>	135,0	140,0	<del>145,0</del>	<b>140,0</b>	190,0	200,0	X	<b>200,0</b>	500,0	412,44
—	Margus Silbaum	1976	Sparta SK	92,46	335,0	<del>350,0</del>	X	<b>335,0</b>	<del>225,0</del>	<del>225,0</del>	<del>225,0</del>	—	300,0	315,0	325,0	<b>325,0</b>	—	—
<b>M2</b>																		
1.	Kaido Leesmann	1969	SK Reval-Sport	130,79	230,0	250,0 m2	<del>252,5 m2</del>	<b>250,0 m2</b>	295,0 m1, m2, m2sl	<del>310,0 m1,</del> m2, m2sl	<del>310,0 m1,</del> m2, m2sl	<b>295,0 m1,</b> m2, m2sl	240,0	<del>250,0</del>	255,0	<b>255,0</b>	800,0 m2	519,89
<b>M4</b>																		
1.	Heino Maiste	1949	Märjamaa SK	72,65	145,0 m4	155,0 m4	165,0 m4	<b>165,0 m4</b>	90,0	<del>95,0 m4</del>	<del>95,0 m4</del>	<b>90,0</b>	175,0 m4	185,0 m4	195,0 m4	<b>195,0 m4</b>	450,0 m4	428,17
2.	Elmar Põldsalu	1948	Palmse	57,66	<del>110,0</del>	110,0	120,0	<b>120,0</b>	45,0	47,5	X	<b>45,0</b>	130,0	150,0	160,0	<b>160,0</b>	325,0	381,36
3.	Mihkel Laurits	1944	Märjamaa SK	105,99	125,0	X	X	<b>125,0</b>	100,0	X	X	<b>100,0</b>	160,0	185,0	200,0 m4	<b>200,0 m4</b>	425,0	330,86

m1 - national maters 1 record

m2 - national maters 2 record

m4 - national maters 4 record

m2sl - national maters 2 single lift record