

Eesti Jõutõsteliit
EMV jõutõstmises 2019 (avatud klass), Eesti, Kilingi-Nõmme, 20.04.2019

Naised

Koht Nimi	Sünd.	Klubi	Kaal	Kükk				Lamades surumine				Jõutõmme				Kogu-summa	IPF punkti
				1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus		
- 52 kg																	
1. Gerlyn Mäepea	1993	Sparta SK	49,74	95,0	95,0	97,5	97,5	80,0 n	87,5 n	87,5 n	80,0 n	100,0	105,0	110,0	105,0	282,5	457,06
- 57 kg																	
1. Anete Treier	2000	TÜASK	56,32	95,0	110,5 nj	117,5 nj	117,5 nj	50,0	57,5	60,0	57,5	95,0	105,0	115,0	115,0	290,0	443,16
- 63 kg																	
1. Marianna Bogdanova	1983	TÜASK	58,83	150,0	160,0 n	167,5 n	160,0 n	72,5	77,5	X	77,5	176,0 n	190,0 n	200,0 n	200,0 n	437,5 n	604,45
2. Anne Laidla	1993	TÜASK	59,89	120,0	130,0	135,0	120,0	80,0	85,0	85,0	80,0	125,0	135,0	145,0	135,0	335,0	483,76
3. Reelika Rüütel	1996	SK Reval-Sport	61,68	85,0	90,0	90,0	85,0	70,0	75,0	80,0	75,0	95,0	105,0	110,0	110,0	270,0	405,77
4. Katri Karindi	1996	SK Reval-Sport	62,22	77,5	82,5	87,5	87,5	47,5	50,0	52,5	50,0	112,5	120,0	125,0	125,0	262,5	396,18
- 72 kg																	
1. Karmen Kaljula	1994	Sparta SK	67,10	155,0	165,0	178,0 n	155,0	90,0	95,0	101,5 n	95,0	140,0	155,0	155,0	155,0	405,0	537,94
2. Elliise Mikomägi	2003	TÜASK	68,62	110,0 ns	117,5 ns	122,5 ns	122,5 ns	62,5 ns, nssl	67,5 ns, nssl	72,5 ns, nssl	72,5 ns, nssl	140,0 ns	155,0 ns, nj	165,0 ns, nj	165,0 ns, nj	360,0 ns, nj	485,91

Mehed

Koht Nimi	Sünd.	Klubi	Kaal	Kükk				Lamades surumine				Jõutõmme				Kogu-summa	IPF punkti
				1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus		
- 53 kg																	
1. Gevin Pikani-Vanatua	2003	Märjamaa SK	43,83	45,0	50,0	55,0	50,0	35,0	37,5	40,0	40,0	55,0	65,0	75,0	75,0	165,0	284,15
2. Markkus Maimets	2006	Märjamaa SK	48,33	50,0	55,0	57,5	57,5	35,0	37,5	40,0	37,5	40,0	50,0	55,0	55,0	150,0	244,42
- 59 kg																	
1. Elmar Põldsalu	1948	Palmse	57,66	110,0	110,0	120,0	120,0	45,0	47,5	X	45,0	130,0	150,0	160,0	160,0	325,0	381,36
- 66 kg																	
1. Maldis-Sveno Laur	2000	TKHK	65,59	190,0	190,0	200,0	190,0	148,0 nj, njsl	151,0 nj, njsl	X	148,0 nj, njsl	205,0	205,0	205,0	205,0	543,0	538,48
2. Aleksander Vassiljev	2006	Märjamaa SK	63,24	70,0	80,0	X	80,0	55,0	60,0	62,5	60,0	85,0	95,0	100,0	100,0	240,0	281,31
- 74 kg																	
1. Andres Oja	1986	TÜASK	72,57	205,0	217,5	217,5	217,5	155,0	162,5	167,5	162,5	235,0	250,0	260,0	250,0	630,0	574,83
2. Kristjan Elhi	2001	Sparta SK	73,77	150,0	160,0	165,0	165,0	135,0	142,5 ns	150,0 ns	142,5 ns	160,0	175,0	190,0	190,0	497,5	462,33
3. Bruno Truuse	2001	TÜASK	71,94	165,0	175,0	180,0	175,0	110,0	115,0	117,5	115,0	185,0	190,0	207,5	190,0	480,0	455,35
4. Kristo Kivioja	1990	TKHK	70,05	115,0	160,0	165,0	165,0	117,5	122,5	X	117,5	180,0	190,0	197,5	190,0	472,5	456,89
5. Heino Maiste	1949	Märjamaa SK	72,65	145,0 m4	155,0 m4	165,0 m4	165,0 m4	90,0	95,0 m4	95,0 m4	90,0	175,0 m4	185,0 m4	195,0 m4	195,0 m4	450,0 m4	428,17
6. Germo Pikani-Vanatua	2002	Märjamaa SK	73,17	155,0	165,0	170,0	165,0	95,0	97,5	97,5	95,0	175,0	185,0	190,0	185,0	445,0	422,23
7. Dominic Taal	2002	Sparta SK	71,02	140,0	152,5	152,5	140,0	70,0	75,0	82,5	75,0	130,0	140,0	147,5	147,5	362,5	362,16
- 83 kg																	
1. Harri Olak	1992	TÜASK	82,72	277,5	280,0	290,0	290,0	170,0	180,0	190,0	190,0	300,0	320,0 n	X	300,0	780,0	643,27
2. Roland Desjatski	1988	Võru	82,96	220,0	230,0	235,0	235,0	150,0	160,0	160,0	150,0	250,0	250,0	270,0	270,0	655,0	548,74
3. Ringo Vainlo	1995	SK Saarde	81,33	160,0	160,0	170,0	170,0	130,0	140,0	140,0	130,0	190,0	190,0	220,0	220,0	520,0	453,01
4. Freddy Jakobson	2001	TÜASK	76,59	170,0	180,0	190,0	180,0	112,5	117,5	120,0	120,0	185,0	200,0	215,0	215,0	515,0	465,56
5. Kermo Lukas	2000	TKHK	78,55	170,0	177,5	182,5	182,5	95,0	100,0	105,0	105,0	165,0	177,5	185,0	185,0	472,5	425,68

6.	Rainer Raiend	1998	TÜASK	80,87	140,0	155,0	155,0	155,0	105,0	140,0	110,0	110,0	165,0	180,0	200,0	200,0	465,0	412,76
7.	Markus Jago-Jaagu	2003	Märjamaa SK	75,33	105,0	115,0	120,0	120,0	60,0	70,0	72,5	70,0	120,0	130,0	140,0	130,0	320,0	315,52
- 93 kg																		
1.	Marko Mumm	1988	TÜASK	92,93	240,0	250,0	255,0	255,0	190,0	195,0	200,0	200,0	250,0	265,0	285,0	285,0	740,0	574,34
2.	Agris Reppo	1996	TÜASK	91,06	220,0	235,0	250,0	250,0	175,0	185,0	192,5	192,5	275,0	296,5 nj	300,5 nj	296,5 nj	739,0	580,07
3.	Mark Kihu	2000	TÜASK	90,77	240,0	255,0	262,5	262,5	150,0	157,5	162,5	157,5	230,0	250,0	260,0	260,0	680,0	539,26
4.	Sulo Hipponen	1995	TKHK	91,19	200,0	220,0	240,0	220,0	130,0	140,0	150,0	140,0	210,0	225,0	240,0	240,0	600,0	481,31
5.	Mihkel Ruut	1999	TÜASK	90,81	185,0	200,0	210,0	210,0	115,0	125,0	130,0	125,0	230,0	240,0	245,0	240,0	575,0	464,69
6.	Mikk Lehtoja	2003	TÜASK	89,99	170,0	180,0	187,5	187,5	110,0	115,0	120,0	120,0	170,0	185,0	200,0	200,0	507,5	418,91
7.	Assar Tallo	1970	SK Saarde	90,44	160,0	170,0	170,0	160,0	135,0	140,0	145,0	140,0	190,0	200,0	X	200,0	500,0	412,44
8.	Mikk Manilets	1984	SK Saarde	86,91	160,0	165,0	170,0	165,0	120,0	125,0	125,0	120,0	190,0	200,0	200,0	190,0	475,0	403,43
9.	Raien Karus	2001	Märjamaa SK	89,58	110,0	120,0	130,0	130,0	75,0	80,0	82,5	80,0	150,0	150,0	160,0	160,0	370,0	321,72
—	Ivar Salm	2001	Sparta SK	89,12	175,0	175,0	175,0	—	110,0	125,0	125,0	125,0	180,0	195,0	205,0	195,0	—	—
—	Margus Silbaum	1976	Sparta SK	92,46	335,0	350,0	X	335,0	225,0	225,0	225,0	—	300,0	315,0	325,0	325,0	—	—
- 105 kg																		
1.	Alex-Edward Raus	1992	TÜASK	99,40	275,0	290,0	305,0	305,0	200,0	207,5	X	200,0	275,0	290,0	305,0	305,0	810,0	601,24
2.	Jevgeni Jablovkov	1988	SK Reval-Sport	103,45	280,0	280,0	300,0	300,0	205,0	212,5	212,5	205,0	265,0	277,5	292,5	265,0	770,0	562,49
- 120 kg																		
1.	Mihkel Raadik	1991	Viljandi	116,77	370,0 n	380,0 n	390,0 n	380,0 n	245,0	250,0	255,0	250,0	320,0	330,0	335,0	335,0	965,0	650,50
2.	Tarmo Pärna	1978	SK Reval-Sport	118,86	220,0	250,0	X	220,0	255,0	255,0	265,0	255,0	230,0	240,0	245,0	230,0	705,0	485,22
3.	Kristjan Puusepp	1993	SK Saarde	114,68	160,0	170,0	180,0	180,0	150,0	150,0	165,0	150,0	200,0	220,0	240,0	240,0	570,0	409,19
4.	Mihkel Laurits	1944	Märjamaa SK	105,99	125,0	X	X	125,0	100,0	X	X	100,0	160,0	185,0	200,0 m4	200,0 m4	425,0	330,86
120+ kg																		
1.	Siim Rast	1988	SK Reval-Sport	185,65	320,0	335,0	345,0	345,0	235,0	245,0	252,5	252,5	330,0	350,0	X	330,0	927,5	512,96
2.	Kaido Leesmann	1969	SK Reval-Sport	130,79	230,0	250,0 m2	252,5 m2	250,0 m2	295,0 m1, m2, m2sl	310,0 m1, m2, m2sl	310,0 m1, m2, m2sl	295,0 m1, m2, m2sl	240,0	250,0	255,0	255,0	800,0 m2	519,89
3.	Günter Koovit	1976	SK Saarde	128,05	265,0	275,0	285,0	285,0	210,0	220,0	220,0	210,0	240,0	250,0	260,0	260,0	755,0	498,29

ns - national subjunior record

nssl - national subjunior single lift record

nj - national junior record

n - national record

m1 - national maters 1 record

m2 - national maters 2 record

m4 - national maters 4 record

njsl - national junior single lift record

m2sl - national maters 2 single lift record