

Eesti Jõutõsteliit
EMV jõutõstmises 2018 (avatud klass), Eesti, Tallinn, 21.04.2018

Naised

Koht Nimi	Sünd.	Klubi	Kaal	Wilksi koef.	Kükk				Lamades surumine				Jõutõmme				Kogu-summa	Wilksi punkti
					1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus		
- 52 kg																		
1. Eva Lille	1980	TÜASK	51,00	1,2654	45,0	47,5	57,5	57,5	30,0	35,0	37,5	35,0	65,0	85,0	400,0	85,0	177,5	224,61
- 57 kg																		
1. Reelika Rüütel	1996	SK Sparta	56,10	1,1750	77,5	82,5	87,5	87,5	47,5	52,5	55,0	52,5	95,0	105,0	115,0	115,0	255,0	299,63
- 63 kg																		
1. Marianna Bogdanova	1983	TÜASK	58,30	1,1401	145,0 n	155,0 n	162,5 n	155,0 n	65,0	70,0	75,0	75,0	175,0 n	195,0 n	195,0 n	175,0 n	405,0 n	461,74
2. Anne Laidla	1993	TÜASK	61,50	1,0939	130,5	137,5	145,0	145,0	80,0	85,0	90,5	80,0	135,0	145,0	155,0	155,0	380,0	415,68
3. Triinu Eilo	1996	SK Sparta	61,10	1,0994	100,0	110,0	110,0	100,0	35,0	40,0	42,5	42,5	95,0	105,0	120,0	120,0	262,5	288,59
- 72 kg																		
1. Karin Mikk	1981	SK Sparta	69,50	0,9998	135,0	142,5	150,0	142,5	85,0	90,0	95,0	90,0	145,0	152,5	160,0	152,5	385,0	384,92
2. Karmen Kaljula	1994	SK Sparta	71,70	0,9788	130,0	140,0	140,0	130,0	65,0	75,0	75,0	65,0	130,0	130,0	135,0	135,0	330,0	323,00
3. Evelin Aulik	1982	SK Reval-Sport	69,70	0,9978	75,0	80,0	87,5	87,5	57,5	62,5	65,0	65,0	90,0	100,0	110,0	100,0	252,5	251,94

Mehed

Koht Nimi	Sünd.	Klubi	Kaal	Wilksi koef.	Kükk				Lamades surumine				Jõutõmme				Kogu-summa	Wilksi punkti
					1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus	1.katse	2.katse	3.katse	Tulemus		
- 53 kg																		
1. Ralf-Henri Marrandi	2005	Märjamaa SK	48,00	1,0703	25,0	32,5	45,0	45,0	25,0	30,0	35,0	30,0	60,0	70,0	75,0	75,0	150,0	160,55
- 59 kg																		
1. Elmar Põldsalu	1948	Palmse	57,50	0,8874	112,5 m4	122,5 m4	132,5 m3, m4	132,5 m3, m4	42,5	47,5	47,5	47,5	145,0 m4	155,0 m4	165,0 m4	165,0 m4	345,0 m4	306,15
- 66 kg																		
1. Kermo Pärn	1998	TÜASK	65,90	0,7862	185,0	190,0	X	190,0	122,5	127,5	130,0	127,5	210,0	222,5	232,5 n	222,5	540,0	424,55
2. Andres Oja	1986	TÜASK	65,00	0,7952	160,0	170,0	180,0	170,0	130,0	135,0	137,5	130,0	210,0	210,0	240,0	210,0	510,0	405,55
3. Markus Jago-Jaagu	2003	Märjamaa SK	65,80	0,7872	72,5	82,5	87,5	87,5	45,0	50,0	55,0	55,0	105,0	115,0	120,0	120,0	262,5	206,64
— Maldis-Sveno Laur	2000	TKHK	63,90	0,8067	185,0	185,0	185,0	—	126,5	135,5 nssl	140,0 nssl	135,5 nssl	170,0	180,0	185,0	180,0	—	—
- 74 kg																		
1. Karl Michael Valk	1994	SK Reval-Sport	73,10	0,7256	165,0	175,0	185,0	185,0	170,0	185,0	200,0	185,0	210,0	220,0	225,0	210,0	580,0	420,85
2. Alo Lille	1980	TÜASK	73,40	0,7235	165,0	175,0	185,0	185,0	140,0	X	X	140,0	205,0	215,0	225,0	215,0	540,0	390,69
3. Heino Maiste	1949	Märjamaa SK	73,20	0,7249	145,0	155,0	160,0	160,0	90,0	95,0	95,0	95,0	175,0	190,0	200,0	200,0	455,0	329,83
4. Kristo Kivioja	1990	TKHK	68,50	0,7621	137,5	147,5	152,5	152,5	110,0	115,0	115,0	110,0	165,0	172,5	182,5	182,5	445,0	339,13
5. Freddy Jakobson	2001	TÜASK	70,50	0,7453	135,0	142,5	150,0	150,0	90,0	97,5	102,5	97,5	175,0	185,0	190,0	185,0	432,5	322,34
6. Germo Pikani-Vanatua	2002	Märjamaa SK	68,00	0,7665	95,0	105,0	115,0	115,0	65,0	72,5	75,0	72,5	130,0	140,0	150,0	150,0	337,5	258,69
- 83 kg																		
1. Harri Olak	1992	TÜASK	82,00	0,6724	270,0	280,0	X	280,0	170,0	180,0	X	180,0	300,0	310,0	320,0 n	310,0	770,0	517,75
2. Aimar Kuusnõmm	1990	SK Sparta	82,60	0,6694	230,0	240,0	250,0	240,0	175,0	180,0	185,0	180,0	255,0	270,0	280,0	270,0	690,0	461,89
3. Mark Kihu	2000	TÜASK	83,00	0,6675	225,0	237,5	X	237,5	125,0	130,0	X	130,0	230,0	245,5 ns	255,0 ns	245,5 ns	613,0	409,18
4. Antti Markus	1973	SK Sparta	82,00	0,6724	155,0	165,0	170,0	170,0	100,0	110,0	112,5	110,0	185,0	200,0	205,0	205,0	485,0	326,11
5. Kalev Teder	1948	Märjamaa SK	80,10	0,6822	135,0	142,5 m4	150,0 m4	150,0 m4	95,0	95,0	100,0	100,0	170,0 m4	180,0 m4	190,0 m4	190,0 m4	440,0 m4	300,17
6. Mikk Lehtoja	2003	TÜASK	81,70	0,6739	130,0	140,0	140,0	140,0	90,0	95,0	X	95,0	130,0	145,0	150,0	150,0	385,0	259,45

- 93 kg

1. Kristo Krõlov	1995	TKHK	92,20	0,6308	255,0	265,0	275,0	265,0	215,0 nj	222,5 nj	222,5 nj	215,0 nj	250,0	265,0	296,0 nj	296,0 nj	776,0	489,50
2. Mihkel Ruut	1999	TÜASK	92,50	0,6298	215,0	222,5	230,0	222,5	142,5	150,0	155,0	150,0	232,5	242,5	252,5	242,5	615,0	387,33
3. Taavi Kärner	1997	TÜASK	88,60	0,6436	215,0	215,0	225,0	225,0	152,5	157,5	162,5	157,5	220,0	230,0	240,0	230,0	612,5	394,20
4. Kaur Ülejõe	2000	Märjamaa SK	88,20	0,6451	170,0	185,0	190,0	185,0	100,0	105,0	112,5	112,5	200,0	210,0	225,0	225,0	522,5	337,06
5. Karl Markus Lehtoja	2000	TÜASK	86,40	0,6523	135,0	142,5	150,0	150,0	95,0	102,5	102,5	102,5	160,0	185,0	185,0	185,0	437,5	285,38
— Margus Silbaum	1976	SK Sparta	92,90	0,6285	340,0	X	X	340,0	220,0	220,0	220,0	—	340,0	355,0	355,0	340,0	—	—

- 105 kg

1. Marko Mumm	1988	TÜASK	104,10	0,5994	285,0	300,0	310,0	300,0	225,0	230,0	235,0	235,0	280,0	300,0	300,0	280,0	815,0	488,51
2. Jevgeni Jablokov	1988	SK Reval-Sport	104,60	0,5984	280,0	290,0	300,0	300,0	205,0	212,5	217,5	217,5	270,0	280,0	300,0	280,0	797,5	477,22
3. Siim Salin	1995	SK Sparta	101,30	0,6055	240,0	250,0	260,0	260,0	160,0	165,0	X	160,0	280,0	300,0	X	300,0	720,0	435,96
4. Erkki Hirsnik	1982	TÜASK	103,30	0,6011	215,0	230,0	240,0	240,0	157,5	162,5	162,5	157,5	280,0	300,0	310,0	300,0	697,5	419,27
5. Tõnis Holmberg	1995	SK Sparta	104,00	0,5996	230,0	240,0	250,0	240,0	140,0	150,0	X	140,0	280,0	300,0	X	280,0	660,0	395,74
6. Sullo Hipponen	1995	TKHK	93,20	0,6276	155,0	165,0	180,0	180,0	120,0	130,0	130,0	130,0	185,0	200,0	210,0	210,0	520,0	326,35

- 120 kg

1. Mihkel Raadik	1991	Viljandi	117,10	0,5783	355,0	367,5 n	367,5 n	367,5 n	245,0	250,0	255,0	255,0	300,0	312,5	322,5	322,5	945,0	546,49
2. Elar Kraav	1987	TÜASK	117,50	0,5778	355,0	355,0	368,0 n	355,0	240,0	247,5	252,5	252,5	310,0	320,0	340,0	310,0	917,5	530,13
3. Andres Külaviir	1973	SK Reval-Sport	105,10	0,5974	205,0	215,0	225,0	215,0	155,0	162,5	167,5	162,5	235,0	245,0	255,0	255,0	632,5	377,86

120+ kg

1. Siim Rast	1988	SK Reval-Sport	179,80	0,5383	305,0	320,0	330,0	320,0	220,0	232,5	242,5	232,5	330,0	345,0	X	345,0	897,5	483,12
2. Gert Koovit	1973	SK Saarde	129,40	0,5661	280,0	290,0	295,0	290,0	250,0	250,0	260,0	250,0	280,0	290,0	300,0 m1	290,0	830,0	469,86
3. Günter Koovit	1976	SK Saarde	134,50	0,5623	285,0	295,0	300,0	300,0	215,0	225,0	232,5	232,5	245,0	255,0	262,5	262,5	795,0	447,03
4. Igor Liivanurm	1968	Tallinn	125,50	0,5694	220,0	220,0	220,0	220,0	170,0	185,0 m2	X	170,0	220,0	240,0	255,0 m2	255,0 m2	645,0 m2	367,26
5. Märt Männik	1964	Rae vald	128,30	0,5670	220,0	237,5 m2	245,0 m2	245,0 m2	130,0	135,0	137,5	135,0	235,0	250,0 m2	272,5 m2	250,0	630,0	357,21

ns - national subjunior record

nj - national junior record

n - national record

m1 - national maters 1 record

m2 - national maters 2 record

m3 - national maters 3 record

m4 - national maters 4 record

nssl - national subjunior single lift record