

Your Federation/Club

EMV jõutõstmises 2018 (mehed), Eesti, Tallinn, 21.04.2018

SCORESHEET

PL.	Name	BY	Nation	Weight	WF	Squat	Bench.	Deadlift	TOTAL	W.Pts.
- 53 kg										
1.	Marrandi Ralf-Henri	2005	arjamae	48,00	1,0703	45,0	30,0	75,0	150,0	160,55
- 59 kg										
1.	Põldsalu Elmar	1948	Palmse	57,50	0,8874	132,5	47,5	165,0	345,0	306,15
- 66 kg										
1.	Pärn Kermo	1998	RU ASK	65,90	0,7862	190,0	127,5	222,5	540,0	424,55
2.	Oja Andres	1986	RU ASK	65,00	0,7952	170,0	130,0	210,0	510,0	405,55
3.	Jago-Jaagu Markus	2003	arjamae	65,80	0,7872	87,5	55,0	120,0	262,5	206,64
—	Laur Maldis-Sveno	2000	TKHK	63,90	0,8067	—	135,5	180,0	—	—
- 74 kg										
1.	Valk Karl Michael	1994	Reval	73,10	0,7256	185,0	185,0	210,0	580,0	420,85
2.	Lille Alo	1980	RU ASK	73,40	0,7235	185,0	140,0	215,0	540,0	390,69
3.	Maiste Heino	1949	arjamae	73,20	0,7249	160,0	95,0	200,0	455,0	329,83
4.	Kivioja Kristo	1990	TKHK	68,50	0,7621	152,5	110,0	182,5	445,0	339,13
5.	Jakobson Freddy	?	RU ASK	70,50	0,7453	150,0	97,5	185,0	432,5	322,34
6.	Pikani-Vanatua Germ	2002	arjamae	68,00	0,7665	115,0	72,5	150,0	337,5	258,69
- 83 kg										
1.	Olak Harri	1992	RU ASK	82,00	0,6724	280,0	180,0	310,0	770,0	517,75
2.	Kuusnõmm Aimar	1990	Sparta	82,60	0,6694	240,0	180,0	270,0	690,0	461,89
3.	Kihu Mark	2000	RU ASK	83,00	0,6675	237,5	130,0	245,5	613,0	409,18
4.	Markus Antti	1973	Sparta	82,00	0,6724	170,0	110,0	205,0	485,0	326,11
5.	Teder Kalev	1948	arjamae	80,10	0,6822	150,0	100,0	190,0	440,0	300,17
6.	Lehtoja Mikk	2003	RU ASK	81,70	0,6739	140,0	95,0	150,0	385,0	259,45
- 93 kg										
1.	Krõlov Kristo	1995	TKHK	92,20	0,6308	265,0	215,0	296,0	776,0	489,50
2.	Ruut Mihkel	1999	RU ASK	92,50	0,6298	222,5	150,0	242,5	615,0	387,33
3.	Kärner Taavi	1997	RU ASK	88,60	0,6436	225,0	157,5	230,0	612,5	394,21
4.	Ülejõe Kaur	2000	arjamae	88,20	0,6451	185,0	112,5	225,0	522,5	337,06
5.	Lehtoja Karl Markus	2000	RU ASK	86,40	0,6523	150,0	102,5	185,0	437,5	285,38
—	Silbaum Margus	1976	Sparta	92,90	0,6285	340,0	—	340,0	—	—
- 105 kg										
1.	Mumm Marko	1988	RU ASK	104,10	0,5994	300,0	235,0	280,0	815,0	488,51
2.	Jablokov Jevgeni	1988	Reval	104,60	0,5984	300,0	217,5	280,0	797,5	477,22
3.	Salin Siim	1995	Sparta	101,30	0,6055	260,0	160,0	300,0	720,0	435,96
4.	Hirsnik Erkki	1982	RU ASK	103,30	0,6011	240,0	157,5	300,0	697,5	419,27
5.	Holmberg Tonis	1995	Sparta	104,00	0,5996	240,0	140,0	280,0	660,0	395,74
6.	Hipponen Sulo	1995	TKHK	93,20	0,6276	180,0	130,0	210,0	520,0	326,35
- 120 kg										
1.	Raadik Mihkel	1991	Viljandi	117,10	0,5783	367,5	255,0	322,5	945,0	546,49
2.	Kraav Elar	1987	RU ASK	117,50	0,5778	355,0	252,5	310,0	917,5	530,13
3.	Külaviir Andres	1973	Reval	105,10	0,5974	215,0	162,5	255,0	632,5	377,86
120+ kg										
1.	Rast Siim	1988	Reval	179,80	0,5383	320,0	232,5	345,0	897,5	483,12
2.	Koovit Gert	1973	Saarde	129,40	0,5661	290,0	250,0	290,0	830,0	469,86
3.	Koovit Gunter	1976	Saarde	134,50	0,5623	300,0	232,5	262,5	795,0	447,03
4.	Liivanurm Igor	1968	Tallinn	125,50	0,5694	220,0	170,0	255,0	645,0	367,26
5.	Männik Märt	1964	Rakke	128,30	0,5670	245,0	135,0	250,0	630,0	357,21

Nation (points)

1. TU ASK	45	[12+12+12+9]	1960,94 w.pts.
2. SK Reval-Sport	41	[12+12+9+8]	1759,05 w.pts.
3. Marjamaa SK	35	[12+8+8+7]	1034,08 w.pts.
4. SK Sparta	30	[9+8+7+6]	1619,70 w.pts.
5. TKHK	24	[12+7+5]	1154,99 w.pts.
6. SK Saarde	17	[9+8]	916,89 w.pts.
7. Viljandi	12	[12]	546,49 w.pts.
8. Palmse	12	[12]	306,15 w.pts.
9. Tallinn	7	[7]	367,26 w.pts.
10. Rakke	6	[6]	357,21 w.pts.

Best Lifters of Open

PL.	Lifter	Nation	B.Weight	WF	Total	W. points
1.	Raadik Mihkel	Viljandi	117,10	0,5783	945,0	546,49
2.	Kraav Elar	TU ASK	117,50	0,5778	917,5	530,13
3.	Olak Harri	TU ASK	82,00	0,6724	770,0	517,74

Abbreviations:

Marjamaa = Marjamaa SK

Saarde = SK Saarde

Tallinn = Tallinn

Palmse = Palmse

Sparta = SK Sparta

Viljandi = Viljandi

Rakke = Rakke

TKHK = TKHK

Reval = SK Reval-Sport

TU ASK = TU ASK

Pts.

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