

## Your Federation/Club

## EMV klassikalises jõutõstmises 2017 (mehed), Eesti, Tartu, 28-29.10.2017

## SCORESHEET

| PL.            | Name                | BY   | Nation  | Weight | WF     | Squat | Bench. | Deadlift | TOTAL | W.Pts. |
|----------------|---------------------|------|---------|--------|--------|-------|--------|----------|-------|--------|
| <b>- 59 kg</b> |                     |      |         |        |        |       |        |          |       |        |
| 1.             | Pannik Sten-Marius  | 2000 | TKHK    | 58,85  | 0,8682 | 95,0  | 65,0   | 135,0    | 295,0 | 256,12 |
| <b>- 66 kg</b> |                     |      |         |        |        |       |        |          |       |        |
| 1.             | Oja Andres          | 1986 | ÜAS     | 64,75  | 0,7978 | 150,0 | 115,0  | 207,5    | 472,5 | 376,96 |
| 2.             | Pärn Kermo          | 1998 | ÜAS     | 65,45  | 0,7906 | 162,5 | 92,5   | 205,0    | 460,0 | 363,68 |
| 3.             | Laur Maldis-Sveno   | 2000 | TKHK    | 63,45  | 0,8116 | 132,5 | 105,5  | 175,0    | 413,0 | 335,21 |
| 4.             | Kivioja Kristo      | 1990 | TKHK    | 64,00  | 0,8057 | 132,5 | 102,5  | 160,0    | 395,0 | 318,25 |
| 5.             | Luisk Janek         | 1980 | Reval   | 61,75  | 0,8311 | 115,0 | 102,5  | 147,5    | 365,0 | 303,35 |
| 6.             | Soon Juhan          | ?    | KLSM    | 64,20  | 0,8035 | 137,5 | 80,0   | 122,5    | 340,0 | 273,19 |
| <b>- 74 kg</b> |                     |      |         |        |        |       |        |          |       |        |
| 1.             | Valk Karl Michael   | 1994 | Reval   | 73,35  | 0,7238 | 185,0 | 130,5  | 210,0    | 525,5 | 380,38 |
| 2.             | Lille Alo           | 1980 | ÜAS     | 73,40  | 0,7235 | 175,0 | 132,5  | 200,0    | 507,5 | 367,18 |
| 3.             | Veelmaa Taavi       | 1990 | Tartu   | 72,85  | 0,7274 | 167,5 | 97,5   | 205,0    | 470,0 | 341,90 |
| 4.             | Olak Henri          | 1999 | ÜAS     | 71,05  | 0,7410 | 170,5 | 77,5   | 180,0    | 428,0 | 317,15 |
| 5.             | Prits Ahti          | 1964 | Sparta  | 72,75  | 0,7282 | 152,5 | 90,0   | 170,0    | 412,5 | 300,36 |
| 6.             | Maiste Heino        | 1949 | arjamae | 73,50  | 0,7228 | 132,5 | 87,5   | 185,0    | 405,0 | 292,73 |
| 7.             | Jakobson Freddy     | ?    | ÜAS     | 69,95  | 0,7498 | 132,5 | 80,0   | 180,0    | 392,5 | 294,30 |
| 8.             | Meresmaa Martin     | 1999 | arjamae | 71,80  | 0,7352 | 90,0  | 70,0   | 100,0    | 260,0 | 191,15 |
| <b>- 83 kg</b> |                     |      |         |        |        |       |        |          |       |        |
| 1.             | Kuusnomm Aimar      | 1990 | Sparta  | 82,90  | 0,6680 | 240,0 | 176,5  | 272,5    | 689,0 | 460,25 |
| 2.             | Olak Harri          | 1992 | ÜAS     | 81,45  | 0,6752 | 225,0 | 142,5  | 265,0    | 632,5 | 427,03 |
| 3.             | Desjatski Roland    | 1988 | Võru    | 82,10  | 0,6719 | 215,0 | 127,5  | 275,0    | 617,5 | 414,90 |
| 4.             | Kõlu Rauno          | 1993 | Tallinn | 82,50  | 0,6699 | 220,0 | 135,0  | 245,0    | 600,0 | 401,94 |
| 5.             | Sagor Ott           | 1999 | KLSM    | 82,90  | 0,6680 | 185,0 | 120,0  | 260,0    | 565,0 | 377,42 |
| 6.             | Reppo Agris         | 1996 | ÜAS     | 82,50  | 0,6699 | 175,0 | 132,5  | 235,0    | 542,5 | 363,42 |
| 7.             | Lebedev Jüri        | 1983 | Tartu   | 80,20  | 0,6816 | 187,5 | 120,0  | 210,0    | 517,5 | 352,73 |
| 8.             | Erte Kristo         | 1998 | Kiviõli | 80,75  | 0,6787 | 180,0 | 132,5  | 195,0    | 507,5 | 344,47 |
| 9.             | Annimäe Artur       | 1994 | ÜAS     | 82,15  | 0,6717 | 177,5 | 125,0  | 200,0    | 502,5 | 337,50 |
| 10.            | Hipponen Sulo       | 1995 | TKHK    | 83,00  | 0,6675 | 160,0 | 107,5  | 200,0    | 467,5 | 312,06 |
| 11.            | Ülejõe Kaur         | 2000 | arjamae | 81,80  | 0,6734 | 165,0 | 95,0   | 185,0    | 445,0 | 299,66 |
| 12.            | Kindsigo Ludvig     | 1999 | TKHK    | 78,70  | 0,6899 | 155,0 | 100,0  | 185,0    | 440,0 | 303,56 |
| 13.            | Sillaste Marko      | 1999 | laabere | 81,50  | 0,6749 | 155,0 | 102,5  | 182,5    | 440,0 | 296,96 |
| 14.            | Teder Kalev         | 1948 | arjamae | 76,80  | 0,7011 | 125,0 | 87,5   | 185,0    | 397,5 | 278,69 |
| 15.            | Nikopensius Allan   | 1987 | ÜAS     | 80,20  | 0,6816 | 190,0 | 130,0  | 75,0     | 395,0 | 269,23 |
| 16.            | Lehtoja Karl Markus | 2000 | ÜAS     | 82,30  | 0,6709 | 120,0 | 80,0   | 170,0    | 370,0 | 248,23 |
| 17.            | Lehtoja Mikk        | 2003 | ÜAS     | 81,60  | 0,6744 | 115,0 | 72,5   | 130,0    | 317,5 | 214,12 |
| <b>- 93 kg</b> |                     |      |         |        |        |       |        |          |       |        |
| 1.             | Sammalkivi Siim     | 1987 | ÜAS     | 92,05  | 0,6313 | 245,0 | 170,0  | 280,0    | 695,0 | 438,75 |
| 2.             | Veski Rait          | 1983 | õmerp   | 88,55  | 0,6438 | 225,0 | 162,5  | 272,5    | 660,0 | 424,91 |
| 3.             | Krõlov Kristo       | 1995 | TKHK    | 91,00  | 0,6349 | 232,5 | 150,0  | 245,0    | 627,5 | 398,40 |
| 4.             | Raidla Üllar        | 1987 | Tartu   | 90,80  | 0,6356 | 205,0 | 150,0  | 255,0    | 610,0 | 387,72 |
| 5.             | Raudsepp Rando      | 1981 | Võru    | 92,00  | 0,6315 | 187,5 | 172,5  | 230,0    | 590,0 | 372,59 |
| 6.             | Kotto Kalev         | 1964 | Rapla   | 92,20  | 0,6308 | 190,5 | 156,0  | 231,5    | 578,0 | 364,60 |
| 7.             | Kärner Taavi        | 1997 | ÜAS     | 85,70  | 0,6553 | 200,0 | 127,5  | 220,0    | 547,5 | 358,78 |
| 8.             | Ruut Mihkel         | 1999 | ÜAS     | 91,05  | 0,6347 | 192,5 | 117,5  | 230,5    | 540,5 | 343,06 |
| 9.             | Kotli Kristjan      | 1995 | Reval   | 89,20  | 0,6413 | 190,0 | 120,0  | 230,0    | 540,0 | 346,30 |
| 10.            | Sivonen Taaniel     | 1994 | Reval   | 86,45  | 0,6521 | 175,0 | 135,0  | 200,0    | 510,0 | 332,57 |

|                     |      |         |        |        |       |       |       |       |        |
|---------------------|------|---------|--------|--------|-------|-------|-------|-------|--------|
| 11. Kihu Mark       | 2000 | TU ASK  | 85,35  | 0,6568 | 180,0 | 105,0 | 205,0 | 490,0 | 321,83 |
| 12. Urm Algar       | 1995 | TKHK    | 88,60  | 0,6436 | 145,0 | 105,0 | 180,0 | 430,0 | 276,75 |
| 13. Põldma Rudolf   | 1998 | Reval   | 89,80  | 0,6391 | 140,0 | 100,0 | 180,0 | 420,0 | 268,42 |
| 14. Laurits Mihkel  | 1944 | arjamae | 91,70  | 0,6325 | 125,0 | 107,5 | 180,0 | 412,5 | 260,91 |
| — Oidram Birk       | 1989 | arjamae | 87,15  | 0,6493 | —     | 105,0 | 210,0 | —     | —      |
| — Allikma Oliver    | 1998 | Rakvere | 90,00  | 0,6384 | 160,0 | 95,0  | —     | —     | —      |
| <b>- 105 kg</b>     |      |         |        |        |       |       |       |       |        |
| 1. Mumm Marko       | 1988 | TU ASK  | 103,00 | 0,6017 | 250,0 | 187,5 | 282,5 | 720,0 | 433,22 |
| 2. Salin Siim       | 1995 | Sparta  | 100,80 | 0,6067 | 255,0 | 160,0 | 287,5 | 702,5 | 426,21 |
| 3. Hirsnik Erkki    | 1982 | TU ASK  | 101,25 | 0,6056 | 235,0 | 155,0 | 302,5 | 692,5 | 419,38 |
| 4. Holmberg Tonis   | 1995 | Sparta  | 100,85 | 0,6066 | 240,0 | 165,0 | 285,0 | 690,0 | 418,52 |
| 5. Jablokov Jevgeni | 1988 | Reval   | 102,65 | 0,6025 | 225,0 | 165,0 | 267,5 | 657,5 | 396,14 |
| 6. Külaviir Andres  | 1973 | Reval   | 103,20 | 0,6013 | 222,5 | 165,0 | 255,0 | 642,5 | 386,34 |
| 7. Pärna Tarmo      | 1978 | Reval   | 102,20 | 0,6035 | 200,0 | 175,0 | 225,0 | 600,0 | 362,10 |
| 8. Annuk Gregor     | 1999 | Reval   | 98,65  | 0,6119 | 177,5 | 135,0 | 240,5 | 553,0 | 338,41 |
| 9. Käärid Heiki     | 1967 | Reval   | 101,55 | 0,6049 | 170,0 | 147,5 | 200,0 | 517,5 | 313,04 |
| 10. Põldsalu Endel  | 1950 | artuma  | 94,05  | 0,6249 | 187,5 | 115,0 | 212,5 | 515,0 | 321,80 |
| 11. Frei Reigo      | 2000 | TKHK    | 98,45  | 0,6124 | 160,0 | 107,5 | 210,0 | 477,5 | 292,44 |
| <b>- 120 kg</b>     |      |         |        |        |       |       |       |       |        |
| 1. Vahi Marek       | 1977 | Sparta  | 118,45 | 0,5767 | 300,0 | 215,0 | 315,0 | 830,0 | 478,66 |
| 2. Kraav Elar       | 1987 | TU ASK  | 114,45 | 0,5818 | 272,5 | 200,0 | 320,0 | 792,5 | 461,08 |
| 3. Mae Hjalmar      | 1980 | Reval   | 108,55 | 0,5909 | 245,0 | 205,0 | 270,0 | 720,0 | 425,48 |
| 4. Meho Kalle       | 1983 | Tartu   | 106,00 | 0,5956 | 220,0 | 180,0 | 270,0 | 670,0 | 399,05 |
| 5. Rootslane Martin | 2000 | TKHK    | 106,35 | 0,5949 | 150,0 | 100,0 | 165,0 | 415,0 | 246,88 |
| <b>120+ kg</b>      |      |         |        |        |       |       |       |       |        |
| 1. Rast Siim        | 1988 | Reval   | 183,85 | 0,5364 | 335,0 | 237,5 | 352,5 | 925,0 | 496,17 |
| 2. Vahtramae Martin | 1993 | Reval   | 122,90 | 0,5719 | 247,5 | 145,0 | 270,0 | 662,5 | 378,88 |
| 3. Baar Lauri       | 1990 | Reval   | 131,55 | 0,5644 | 232,5 | 155,0 | 262,5 | 650,0 | 366,86 |

### Best Lifters of Open

| PL. | Lifter     | Nation      | B.Weight | WF     | Total | W. points |
|-----|------------|-------------|----------|--------|-------|-----------|
| 1.  | Rast Siim  | SK Reval-Sp | 183,85   | 0,5364 | 925,0 | 496,17    |
| 2.  | Vahi Marek | SK Sparta   | 118,45   | 0,5767 | 830,0 | 478,66    |
| 3.  | Kraav Elar | TU ASK      | 114,45   | 0,5818 | 792,5 | 461,07    |

### Abbreviations:

|                              |                        |                 |
|------------------------------|------------------------|-----------------|
| Haaberst = Haaberst Sport SK | Reval = SK Reval-Sport | Tartu = Tartu   |
| KLSM = KLSM                  | Somerpalu = Somerpalu  | Tartumaa = Tart |
| Kiviõli = Kiviõli            | Sparta = SK Sparta     | Võru = Võru     |
| Marjamaa = Marjamaa SK       | TKHK = TKHK            |                 |
| Rakvere = Rakvere            | TU ASK = TU ASK        |                 |
| Rapla = Rapla                | Tallinn = Tallinn      |                 |

**Pts.**

12

12

9

8

7

6

5

12

9

8

7

6

5

4

3

12

9

8

7

6

5

4

3

2

1

1

1

1

1

1

1

1

12

9

8

7

6

5

4

3

2

1

1  
1  
1  
1

—  
—

12  
9  
8  
7  
6  
5  
4  
3  
2  
1  
1

12  
9  
8  
7  
6

12  
9  
8

—